



# PLAY TENNIS

## Marymount Tennis Courts

*An after school activity that's FUN to do*

**ANZ Hot Shots** is all about making tennis fun for your kids. The Hot Shots program, particularly the modified equipment, makes it easier for primary-aged children to learn the basic strokes and skills required for tennis, having fun right from their first lesson!

### CLASSES

Tuesday: 3.05pm, 3.45pm & 4.25pm

Thursday: 3.05pm, 3.45pm & 4.25pm

Friday: 3.05pm & 3.45pm

### SMALL GROUPS

Experience success and enjoyment right from the start

### GROUP AGES

5-6 Yrs 6-9 Yrs 9-12 Yrs

**ALL** equipment supplied  
**FREE** of charge

**FAMILY DISCOUNTS AVAILABLE**

**CALL US NOW**

Qualified Coaches - **Tennis Australia**



**Now taking bookings for 2019**

**John: 0417 634 524**

**Trish: 0439 722 369**

# MARYMOUNT PROGRAMS FOR 2019

## Tennis Strokes For Little Folks

### *Ages 5 to 6*

This is a fabulous program for beginners! The Hot Shots Starter Program uses small courts, lighter racquets and special balls. Each session combines tennis with a variety of other activities and games making it easier for your kids to learn basic skills to play tennis and other sports, promotes better concentration, builds confidence and self-esteem and improves balance, strength and co-ordination.

**Classes:** Tuesday, Thursday, Friday 3.05pm

**Sessions:** 40 minutes **Group Size:** 8

**Cost:** \$120 (10 weeks) Family discounts available

## Rally Stars

### *Ages 6 to 9*

This Hot Shots Program is for kids a little older. Some will be playing for the first time while others have acquired some basic tennis and footwork skills and can rally the ball with some control. Kids work together within their group to maintain a rally, develop their strokes and learn to score and play the game.

## All Stars

### *Ages 9 to 12*

Suitable for kids who have progressed to this level or older kids in this age group with limited or no tennis experience, looking to play tennis. Children develop an ability to rally and play points, improve technique, footwork and swing patterns for better ball control and gain tennis knowledge through tactical set play.

**Classes:** Tuesday, Thursday, Friday 3.05 & 3.45pm

**Sessions:** 40 minutes **Group Size:** 6

**Cost:** \$160 (10 weeks) Family discounts available

## Junior Squads

### *Ages 9 to 12*

Squads are suitable for kids keen to refine their tennis skills and learn different spins and grips with a strong focus on serve/return technique. Game play strategies, shot selection, court movement and positioning tactics are key focus points.

**Classes:** Wednesday & Friday 4.00pm

**Sessions:** 60 minutes **Group Size:** 6

**Cost:** \$240 (10 weeks) Family discounts available

## Friday Night Family FAST4 Tennis

(Tennis version of 20/20 cricket) A quick & more exciting way to play tennis.

**Time:** 5pm - 7pm weekly

**Cost:** Adults & children \$7 each. Family of 3 or more \$6 each.

Equipment supplied

*Tennis, a sport your kids can play forever*