



Dear Parents, Friends and Guardians

### Thanks for the Year

On behalf of the Staff of Marymount I would like to wish all of our families a very Merry Christmas. It has been a long and action-filled year again at Marymount and I hope that the Christmas and New Year period is a fun-filled and family-centred time for you. We have been blessed again by your support in so many ways in 2013 and I look forward to continuing this great partnership next year.

I would also like to thank our staff for their magnificent efforts over the course of the year. We have a very committed staff at Marymount who take pride in their work and their school. They often go above and beyond what is their basic role because they care about our children and their whole well-being – educationally as well as spiritually, physically and socially.

For those children and families who are leaving our school at the end of the week for the last time, we wish you every blessing and success in the coming years. This is especially so for our Year 7 children who go on to the next chapter of their educational life. Our 7's have been great role models for the rest of the school and I pray that their transition into whichever high school they are attending is smooth and exciting. They certainly are a group who have lots of life in them.

We will also be losing a number of families who have been part of our community for many years. My thanks goes with these parents for helping to shape our school family into the strong Catholic primary school that it is today – we are well-known and well-respected in this local community and it is in part through the actions and support of these families.

Within this newsletter we have posted the Christmas Mass and celebration times for our parish. Please take the time to check these out and maybe stick them to your home noticeboard or fridge. As a Catholic school we actively promote the mission of Jesus Christ and His invitation to us to join the Kingdom of God. These celebrations of the birth of Jesus then, are a high point in our liturgical year and crucial to the Christian message. I would encourage you to please take time to share this special period with your family and your wider Christian family through attendance at these masses.

Again, my thanks for your support of our school this year. I hope that your Christmas break runs smoothly and that if you are travelling you arrive and return safely. Until next year...

### Marymount Primary School Annual Award Winners

Each year we present the awards listed below to children from our Year 7 classes for all except our Sportsperson of the Year and Simon Hogan Music awards. These awards may go to children from other year levels. Some of these awards are memorial ones recognising the gifts and talents of former staff, children or community members who have played an integral part in the history of Marymount. Our other awards stem from our Christian traditions and recognise those students who exemplify these attributes. I am very pleased to be able to announce that the following children were this year's awards recipients.

- Spirit of Mary Award 2013 – Xavier Coates
- St Vincent de Paul Inspiration Award 2013 – Tahli Gawler
- Pat Dolan Bursary Award – Benton Swaddling
- Charlie Clark Memorial "Aussie Allrounder" Award - Thomas Hutchinson
- Simon Hogan Memorial Music Award 2013 – Matthew Treggiden
- Sportsperson of the Year 2013 – Jayden Wright
- Sports Encouragement Award 2013 – Olliver Smith & Bridget Noyes

These children were presented with their awards at this morning's assembly. It was great to have their families present for this special occasion to share the moment with them. Congratulations to these children.

### Farewell to Annette and Vicki

This Friday marks the last day of school for Annette O'Shea, our Assistant Principal, and Vicki Turner, our Tuckshop Convenor, as they both head off on different paths for 2014. Annette has taken leave to spend time travelling around Australia with her husband Tony. They have a van and a road map and are endeavouring to get to some of the significant festivals and carnivals which dot the yearly calendar across Australia. Vicki is taking the year off to travel to the Solomon Islands to join her husband Nathan who is working there. It will be a far cry from the hustle and bustle of our very busy tuckshop. Our best wishes and prayers go with Annette and Vicki for an exciting year. We look forward to hearing some their stories upon their return in 2015.

*continued over...*

### Coming Events

Thursday December 5  
2.40pm - Yr 7 Guard of Honour  
7pm - Yr 7 End of School Liturgy  
in Doyle Centre

Friday December 6  
School finishes at 12noon

Tuesday January 21  
8am - Uniform/ Bookshop  
Open

Wednesday January 29  
SCHOOL RESUMES



School finishes  
Friday  
December 6  
at 12noon.



### Mass Times

*Children Mass*  
(Doyle Centre - children read at Mass)  
5.30pm 1st Sunday each month

*Children's Liturgy of the Word*  
(Doyle Centre - children are withdrawn for brief lesson)  
10.00am 2nd & 4th Sundays;  
5.30pm 3rd Sunday  
8.30am each Sunday (school term)  
at St Benedict's, Mudgeeraba

*Parish Mass Times*  
Sat—5.00pm Miami;  
6.00pm at Palm Beach;  
6.15pm at Burleigh Heads;  
Sun-7.00am at Palm Beach &  
Burleigh;  
8.30am at Mudgeeraba & Miami;  
10.00am at Doyle Centre;  
5.30pm at Doyle Centre

### School Goals 2013

Last week our Leadership Team spent time reviewing our school goals for this year. We have placed these goals and their review on our school website for your perusal. We have achieved a great deal this year as a school community and there are still areas for us to work on. We have factored some of these things into our preliminary goals for next year and we will expand on these at our meetings early in the new year. Our review of our goals can be found by following this link:-<http://www.marymountprimary.qld.edu.au/Parents/Pages/Annual-Reporting.aspx>

### Year 7 Finish – Thursday, 5 December

Our Year 7 children finish their school year with us tomorrow (Thursday) at the end of the day. As has been the tradition for the last few years, we will be having a Guard of Honour for the Year 7's as they leave the school for the last time. Our other classes will line various areas of the school and the Frank Shine Walk as our class teachers lead the children out. Parents are most welcome to be a part of this and welcome them as they feed out to the grassed area outside the Administration block. We will be starting the Guard of Honour at 2.45pm. Our Year 7 children will then come back to the Doyle Centre at 6.30pm to join in their End of School Liturgy with Fr Ken Howell. This will be a very fitting way to finish their time with us.

### Friday Finish – 12.00pm

All of our other classes will be finishing at noon on Friday. We will hold classes as usual with the same starting times and Morning Tea times. As we are finishing at 12.00pm the children will not need Big Lunch. Please ensure that your children (especially our younger ones) know how they are getting home on Friday as this mid-day finish is not the normal routine. Thanks for your assistance with this important safety matter.

### School Starts – Wednesday – 29 January 2014

Our first day of school for next year is the above date for all classes. Our Prep children will be having a staggered start to the year and they are aware of their respective starting days. Our school Uniform and Book shop will be open the week before school starts and will operate from 8.00am til 3.30pm daily. Children will need to come in full dress uniform on this day.

Yours in Christ

Greg Casey



From our Assistant Principal -  
Annette O'Shea

As I head off to Nomadland exploring this great country of ours, I take this opportunity to thank the Marymount community for another great year. I feel very privileged to be part of such a community and know that each day I can rely on a child's beaming smile to add joy to my day. I acknowledge that a large part of the credit for this happy and satisfying occurrence is good parenting.

I hope and pray that the children return to school next year after a refreshing break and having remained safe both online and offline. I also believe that a good tip is to remember is that saying "No" is not only a parenting right, but a responsibility, and that children's protests or tantrums are not justification for a change of opinion.

It is somewhat amazing that our current Year Four students will be the oldest at Marymount after only one more year. I wish the children entering Year Six and Seven next year, all the very best for their final year at Primary School and for their transition to Secondary.

I leave you with a Christmas message and then following, inspiration for those times when life throws us those little extra challenges and stresses.



*May the Angels in their beauty bless you.  
May they turn towards you streams of blessing.  
May the angel of healing turn your wounds  
into sources of refreshment.  
May the Angel of Compassion open your eyes  
to the unseen suffering around you.  
May the Angel of justice disturb you  
to take the side of the poor and wronged.  
May the angel of Encouragement confirm you  
in worth and self-respect.*

My inspiration comes from one of my favourite cartoonists, Michael Leunig (The essential Leunig) whose take on life often really resonates with me. I wish you many laughs as you remain fully charged!



**Annette O'Shea**  
**P.S Dont forget to mention Marymount Primary when purchasing goods at any Amart Sports store.**

### **Helping Hands**

This group of forty-one Year 6 student volunteers has been working quietly behind the scenes this year to assist in many projects around the school. My particular thanks to teachers Leigh Dornan, Chris Britton and Deanne Kreuger for their efforts in supporting and organising this group. Students have been involved in tree planting; fundraising; decorating paper bags for Rosies; putting up Christmas trees and the nativity set for Christmas; designing gift tags for the trees; crocheting squares for a blanket and making posters to name a few projects. Your work makes a difference!



### **It's the little things.....exciting times at the tuckshop**

Last week saw the first experience for our Preps lining up in the queue at the tuckshop! 125 excited students waited patiently in a very long line for their turn to spend 50cents on their choice of items from a limited menu. Thank you to the tuckshop volunteers who made the experience memorable for the children. It warms the heart to see 'ordinary' things create such excitement in the lives of young children.



### **Christmas Appeal**

The volunteers at St Vincent de Paul are responsible for helping many families in our local area each year who are struggling, particularly at Christmas time. They are very grateful for the generosity of families at Marymount who boost their capacity to help with donated goods. Many of the food items brought in for Marymount Day will find their way to Christmas tables this season. Thank you for supporting our final effort this year and giving generously to the Wish Tree appeal we have here. Trees have been placed in Student Reception and the Library and all goods will be sent to Vinnies for distribution.



### **Merry Christmas!**

I encourage you and your family to attend one of the Christmas services in your local area this season. My childhood memories are of Christmas Masses in various holiday spots as locals welcomed us to their parish celebrations. Burleigh Parish Mass times are listed in this newsletter for your reference.



*More light than we can learn,  
More wealth than we can treasure,  
More love than we can earn,  
More peace than we can measure,  
Because one child is born.*

*Christopher Fry*

Enjoy the holiday time

**Bernadette Christensen**



School will  
finish at 12noon  
on  
Friday December 6

## Thoughts from your School GuidanceCounsellor

As we prepare for the holiday break I would like to share this hyperlink to Michael Grose's Parenting Ideas Magazine. We are entitled to this valuable resource given our Parenting Ideas School membership. I trust that you enjoy this and some of the past issues of the magazine. Our Insights article for this week also appears in the current issue of the magazine. It infers that we can assist children to become optimistic, confident and resilient by teaching them how to shrug.

<http://www.parentingideas.com.au/Parents/Parenting-Magazine>



A holiday BONUS for every parent!

This issue has some timely school holiday articles including a great 5 safety rules to teach kids; how parents can keep kids' brain-fit during the holidays and Tips for kids who struggle at school.

This downloadable magazine is great to read on iPads and other devices. For best-viewing we recommend that parents download the iBooks App from iTunes. NOTE: Parents don't need an iPad to read Parentingideas magazine.

Best wishes for a safe, healthy and happy Christmas holiday break.

**Mary Sanders**

msanders@bne.catholic.edu.au



Congratulations to our various award winners for 2013.

- Spirit of Mary Award 2013 – Xavier Coates
- St Vincent de Paul Inspiration Award 2013 – Tahli Gawler
- Pat Dolan Bursary Award – Benton Swaddling
- Charlie Clark Memorial "Aussie Allrounder" Award - Thomas Hutchinson
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## Indigenous Lunchtime Visit

At Marymount College there are more than twenty students who identify as being of Aboriginal and/or Torres Strait Islander descent, and who are active participants in Marymount's Indigenous Program. Throughout 2013, we students have bonded and become friends and in doing so built a network of support for one another and for future Indigenous students of Marymount. We wanted to extend this support network to include the Indigenous students of Marymount Primary School.

With this in mind, Sinead, Amy, Tyson, Mitch, Nick, Zach, Kane and Tom planned a visit to the Primary School to meet 10 of their Indigenous students from Prep to Year 7. Although we were meeting for the first time, a connection formed quickly and it was as though we had known each other for ages! There's nothing like a game of Guess Who or Snakes and Ladders to break the ice especially with such enthusiastic players as those on 'Team Mitchell'! Those quieter students were thrilled to have 'the big kids' draw with them and, judging by the amount of paper used, those big kids were having just as much fun!

Most MMC Mob activities finish off with a game of basketball, but in the absence of a hoop we were able to play soccer instead, thank to Sam having his soccer ball with him. The 'little kids' showed a lot of skill and courage, not one bit concerned by the size of some of the players running at them. Maddie made the kick of the game with a shot that literally knocked one of the 'big kids' right off his feet!

We all had a wonderful time and look forward to getting together on a regular basis in 2014. We College students hope to be good role models for the Primary students and to help them celebrate their culture in an environment of belonging and friendship. We look forward to welcoming Sam into Year 8 in 2014 and to him becoming a part of the MMC Mob.

We thank Sam, Maddie, Olivia, Rozalija, Kynjua, Aleksei, Andrei, Chance, Kobe and Zoe for sharing their lunchtime with us. Thank you also to Mrs Kelvin and Mrs McCane from the Primary School's Learning Enhancement Centre and to Mrs Parker and Mrs Weatherall for helping make this possible.

**Amy Weatherall**

Year 11 Reporter and Participant



Last Newsletter of the year! A very big thank you to all who have kindly given up their own time to volunteer in the tuckshop. This year we had a very small group of volunteers, which meant many doing more than their one day a month originally committed to. I thank you so very much for your commitment. I am sure the children and staff of Marymount also really appreciate your generosity and we have had lots of laughs and I have made life-long friendships.

I will miss the Marymount community, in particular the wonderful children, and look forward to my return in 2015.

Wishing all a very happy Christmas and safe holidays.

**Vicki Turner**

GO THE BLUES!

**BURLEIGH HEADS PARISH  
CHRISTMAS MASS TIMES**

Infant Saviour Church  
4 Park Avenue, Burleigh Heads  
Christmas Eve 7.30pm; Midnight  
Christmas Day 7.00am;

Calvary Church  
Santa Monica Rd, Miami  
Christmas Eve 5.00pm  
Christmas Day 8.30am

Our Lady of the Way Church  
11th Av, Palm Beach  
Christmas Eve 6.00pm  
Christmas Day 7.00am

St Benedict's Church  
2 Wallaby Dr, Mudgeeraba  
Christmas Eve 5.00pm  
Christmas Day 8.30am

Doyle Centre  
Marymount College, Burleigh Waters  
Christmas Eve 6.00pm  
Christmas Day 10.00am



**AMART  
SPORTS**

Remember to say  
you're from Marymount  
Primary next time you  
make a purchase at  
any Amart Sports store.



The staff of the Uniform/Bookshop wish you all a Merry Christmas and hope you and your family have a safe and enjoyable holiday. Please see our attachment included with this newsletter.

**BURLEIGH HEADS CATHOLIC PARISH**

Parish Office Hours 9.00am to 5.00pm  
Parish Manager: Mr Jim Littlefield  
Parish Pastor: Fr Ken Howell

3 Sunlight Drive, Burleigh Waters (Postal PO Box 73, Burleigh Heads)  
Parish Pastoral Team  
Associate Pastors: Fr Huang Van Nguyen & Fr Lucius Edomodi

Phone: 5576 6317/5576 6466 FAX: 5576 7143  
EMAIL: burleigh@bne.catholic.net.au  
Pastoral Associates: Sr Patricia Tomlinson



## Teach your kids to SHRUG!

*The secret to having resilient, confident and optimistic children is to teach your kids to shrug!*

It was so irritating, yet so effective.

I'm talking about my boyhood mate Terry's habit of **shrugging his shoulders** whenever anyone teased him or tried to persuade him to their way of thinking.

'Hey Terry, you're a **\*\*\*&&&E@a!**'

Shrug.

'Hey Terry, everyone says your.....**\*&&TR!**'

Shrug.

'Hey Terry, I'm going to tell on you!'

Shrug.

His nonchalance used to drive everyone nuts!

So much so that he was rarely targeted for teasing despite the fact that he wasn't sporty, he wasn't cool and he was late maturing – all of which back then, as now, would put a boy in the 'to be picked on' category.

I thought of Terry recently when I was coaching a young person about how to respond to some schoolyard taunts.

This young person *wore his heart on his sleeve*, taking taunts and even witticisms too seriously for his own good. Unfortunately, some of his so-called mates used to enjoy seeing him become angry.

The best way to break this *toxic cycle of taunt-react-taunt* was for him to change his reaction.

So we did some coaching in the **art of shrugging** and before long my young charge was shrugging his shoulders, as if to say 'Whatever', and walking away at the first sign of a taunt.

*Eventually he was channelling Terry so well that his nonchalance even began to irritate me.*



### Some things can't be ignored

Don't get me wrong. Kids cannot and should not ignore all negative comments directed at them.

There are times when they need to stand up and be counted. They don't need to be aggressive about it, but they do need to be assertive from time to time. Sticking up for a friend, rescuing someone who is being taunted or even looking out for a sibling's best interests at school are times when children need to assert themselves rather than shrugging off a problem.

### Kids practise on their siblings

Socially savvy kids know that some of the negative peer comments directed at them need to be ignored. However, this is quite a skill.

**Ignoring comments** and **choosing your arguments** is something many kids learn in their battles with siblings.

**Those noisy sibling skirmishes that annoy the hell out of parents actually toughen kids up for the less-than-pleasant social interactions that take place in the schoolyard.**

Interestingly, my boyhood mate Terry was the youngest of



four brothers. I guess he would have perfected the art of shrugging out of sheer necessity.

So, if you have a sensitive child who wears his or her heart on their sleeve, or a child who reacts impulsively to both taunts and witticisms alike, you may wish to introduce the **art of shrugging** into their repertoire of responses.

### How to create a good shrug

Kids can practise shrugging in front of the mirror so that they can see what a good shrug looks like. There are 4 ingredients:

1. A 'whatever' look.
2. A shrug of the shoulders.
3. A simple, non-combative, non-sarcastic line such as 'You may be right', 'Whatever' or 'I hadn't thought of that'.

4. A final breaking of eye contact that indicates that they are in control.

### A word of warning

If you teach your kids to shrug, you need to be prepared for them to use this shrugging technique against you when you direct some criticism or constructive feedback their way. If they do, you'll find out how damn infuriating nonchalance (even when it's fake) can be.

Oh, and you'll be seeing a child or young person who is exercising a degree of personal power that, when used smartly, will increase their overall social effectiveness.

You can get more ideas to help you raise confident, resilient kids in Michael Grose's NEW book [Teach your kids to shrug!](#) It's available in paperback or digital format at the book shop at [parentingideas.com.au](http://parentingideas.com.au)



## INFORMATION SHEET BOOKSHOP / UNIFORM SHOP 2014

### UNIFORMS - Collection Dates and Times for 2014

Monday	20 January 2014	New Students (& siblings) - By appointment only
Tuesday	21 January 2014	8.00 am – 3.30 pm
Wednesday	22 January 2014	8.00 am – 3.30 pm
Thursday	23 January 2014	8.00 am – 3.30 pm
Friday	24 January 2014	New Students (& siblings) - By appointment only
Monday	27 January 2014	<b>Closed – Public Holiday</b>
Tuesday	28 January 2014	<b>Appointment Only</b>

**The shop will be closed on the above dates between 12pm – 1pm daily.**

### BOOKS

Book packs will be distributed to classrooms and **will not** be required to be collected prior to school resuming.

Students commence school on Wednesday 29 January 2014  
*Uniform/Bookshop will be open usual term hours from 29<sup>th</sup> January 2014*  
*Mon – Fri 8.10am – 10.30am and 2pm – 3.15pm*

### ENQUIRIES

Jennifer Mellifont  
Uniform/Bookshop Convenor  
Marymount Primary School  
Direct Telephone Line: 07 5520 8410



Dear Marymount Parents and supporters,

The Marymount Primary and Marymount College are educational institutions owned by the Burleigh Heads Catholic Parish. Established over 40 years ago on a 45 hectare property purchased by a group of parishioners, under the parish priest, who pledged or guaranteed funding to establish it, these schools have become one of the largest Catholic educational facilities in the Brisbane Archdiocese.

The Burleigh Parish has just conducted a Renewal Sunday when members of the parish and families of our parish owned schools are urged to make a regular weekly, monthly or quarterly offering (pledge) to support the Parish's broader pastoral mission.

We are now in the design stage new 600 seat church on the Marymount Site adjacent to the Primary School's Multi Purpose building. This project will also include new Parish offices, which will include the Nyunga Family Support service, a coffee shop and a Community Centre above a new St Vincent de Paul family help centre.

Through these facilities we hope to provide family, social and community events, support and adult educational opportunities for the School parents and supporters.

As members of our community, I ask you to be with us in these exciting projects and to contribute to the on-going operation and future growth of the Parish. Please complete the attached Pledge card and email it back to the parish or place it in the Pledge Deposit Boxes at any of our churches or to our parish office.

Asking God's continuing blessing upon your family,

Yours sincerely in Christ,

A handwritten signature in black ink, appearing to read "K. Howell".

Fr. Ken Howell,

Parish Priest.

CONFIDENTIAL  
CHURCHES & WORSHIP GROUPS:  
BURLEIGH HEADS – PALM BEACH – MIAMI – MUDGEERABA – DOYLE CENTRE



PLANNED GIVING RENEWAL - PLEDGE

MR/MRS/MISS/MS/...../.....  
PLEASE PRINT CLEARLY GIVEN NAMES SURNAME

ADDRESS: ..... POST CODE.....

I am / we are  Current Planned Giver(s)  New Planned Giver(s) (☑ one only)

I / we will  PAY BY CREDIT CARD  Pay by Direct Debit  Pay by Internet Banking  Use Envelopes (☑ one only)

BURLEIGH HEADS BSB: 064 786 Account No.: 006051500. Name: Burleigh Heads Planned Giving Account

MUDGEERABA: BSB 064 786 Account No.: 15089500 Name: Mudgeeraba Planned Giving Account

If you prefer, you can email your credit card details to [burleigh@bne.catholic.net.au](mailto:burleigh@bne.catholic.net.au) for processing OR request a Direct Debit form -07 5576 6466.

My / our gift for our Parish Projects will be \$ ..... :  WKLY  MTHLY  QUARTERLY  ½ YEARLY  ANNUALLY  
(This is for the Second Collection) Effective from October 2013 (☑ one only)

I / we understand that I / we may review this thanksgiving offering at any time; that this information will be kept confidential and not passed on to any other person or group outside this organisation;

SIGNED ..... Date: ...../...../.....

Thank you!

### 3M Marymount History Project

At the end of Term 3 students in 3M investigated questions relating to the history of Marymount Primary. In small groups, students sourced their information by writing letters, interviewing people, researching Marymount documents and walking around the school.

We invite you to use the QR Codes to view the little videos they prepared to demonstrate their learning.

QR Codes can be downloaded for free on any mobile device.

How old is Frank Shine Walk?	
How long has the tuckshop been there?	
How long has the Year 3 wall been painted?	
How long has the Mary Statue been there?	
How old are the tiles in the Year 7 area?	
What year did Marymount start?	
What did the school uniform look like in the old days?	
Where was the school before Marymount?	

Who thought of the  
Marymount name?



What is the fenced tree?

