Dear Parents, Friends and Guardians

Welcome to Kevin

I am pleased to be able to announce that Kevin Yates will be joining our staff next year as our Acting Assistant Principal – Religious Education. Kevin will be filling in for our current APRE, Bernadette Christensen, who is taking an extended period of Long Service Leave from January to June – ie. all of Semester One, 2013. Kevin is currently teaching at St Vincent’s Catholic Primary School at Clear Island Waters but prior to this he had been a staff member here for over ten years. Since leaving Marymount Kevin has held a few acting leadership positions in other Catholic schools on the Gold Coast including Assistant Principal. On behalf of our school community, I warmly welcome Kevin to our school.

Other Staff News

Last Friday was the last day of the year for Sylvia Kelvin (Learning Enhancement Centre) and John Jensen (Teacher Librarian) as both teachers headed off on their respective Long Service Leave of four weeks. I would like to wish them well for their time off and thank them for their efforts over the course of this year. Sylvia and John are both utilising this time to travel to various parts of Australia and the world to catch up with relatives and friends. Our wishes go with them both for a restful and re-energising time and for safe travelling. We welcome Jane Powell (LEC) and Michael O’Shea (Library) to our school for the last four weeks as their replacements. Jane and Michael have both taught in our school over the last few years.

One of our Year 7 teachers, Kerry de Ruyter, has applied for and been granted, a year off from Brisbane Catholic Education and therefore our school for next year. Kerry is planning to teach overseas with her husband Bill who is the Assistant Principal at St Kevin’s Catholic School at Benowa. This will be an exciting time for Kerry and Bill and our best wishes go with both for their year ahead. Kerry’s position will be filled by a contract teacher for the year.

Parents’ and Friends’ Association News

Last Monday evening saw the convening of our final P & F meeting for the year and it proved to be another energetic and rewarding meeting. Our Parents’ and Friends’ Association, ably led by our President Anthony Touzell, does a wonderful job of supporting our school parent and staff community. Next year they have a social night in the form of a St Patrick’s Day Trivia night planned for early March as well as other ideas supporting our school parent and staff community. Next year they have a social night in the form of a St Patrick’s Day Trivia night planned for early March as well as other ideas for parents to become more fully involved in the life of our school. I would strongly encourage our parents to support our P & F, even if it is only a small way through attendance at meetings or at a function like the Trivia night. This support is ultimately leading to a better and more productive learning environment for our children and the future of our school. I would like to thank the P&F for their financial support over the course of this year. This support has enabled us to provide a fully functioning technology upgrade of school playground equipment ($70,000) and focus through a much needed upgrade of our wireless network ($50,000) and a safer school environment through the removal and replacement of old port racks ($23,000) and a safer school environment through the removal and replacement of old port racks ($23,000) and an upgrade of school playground equipment ($7,000).

Special Needs Families Morning tea

Yesterday our Learning Enhancement Centre held its last Morning Tea for the year for the families of the children in our school who have special needs. These meetings are a great way to share stories and information on living, working and learning with children who have special needs and my thanks is extended to our LEC team for hosting and providing educational support to this forum. We are truly blessed to have such a strong and vibrant group of teachers and School Officers who have many years of experience in this field. My thanks also goes to our many families – parents and grandparents - who come along to these meetings which are held over the course of our year. Your input to our meetings is invaluable and helps us so that we can better cater for the children under our care. Thank you to our LEC team – Sylvia Kelvin, Margaret Reddan, Helen Brosnan, Andrea Bedward, Debbie McLean, Chris McCane, Dani Forsyth, Monica Weatherall and Gaylene Clouston for a wonderful job this year.

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Goal Review Meeting
On next Thursday, 22 November, the Catholic schools from across the Gold Coast region will join together with our Area Supervisor to review our school goals for the year. This will mean that our Leadership Team of Annette, Bernadette, Tony and myself will be away from school for this day. Our Curriculum Support Teacher, Diane Anderson, has agreed to be our Teacher-in-Charge. These days are an important time for us to review the year and to set some initial priorities for the coming year.

Swimming Caps
Earlier this week we were informed by our Brisbane Catholic Education Occupational Health and Safety department of an incident involving a school child in the north of Brisbane whose hair was caught in a pool intake outlet during a normal swimming program. The child was not harmed in the incident but it has caused a review of the wearing of swimming caps during any swimming program or related activity in a pool – be it school-owned, public or privately run. From the start of next year all children in BCE schools will have to wear a swimming cap when involved in the above activities. We have done a risk assessment of our pool and feel that it meets all safety requirements but we will still be following this direction in the new year. We still have some swimming lessons and carnivals over the next few weeks so if you would like your child to wear a cap this is fine. These are available from our Uniform shop. Children don’t yet however have to wear one as a compulsory matter.

Final Day for 2012 – Friday, 7 December
School concludes for the children this year on Friday, 7 December, at 12 Midday. After this time there will be no supervision of the children and it will be the responsibility of our parents to ensure that the children are catered for. School will begin as usual for this day and we will hold a special assembly just before Morning Tea (10.40am) in the Doyle Centre. At 11.45am the children will move out from their classes to form a Guard of Honour for our Year 7 children as they leave our school for the last time. From 12 midday then our school will close for the year. I would ask that parents please start to organise care for their children after this time. Our OSHC unit will be operating but places are limited so early bookings would be essential.

Traffic Matters
I would like to thank our parents for your assistance with our recent initiative of chaining off the internal access road during our peak traffic times for the day. This has certainly created a much safer environment for our children especially at the end of the day. We do have a problem however with parents who are now parking in front of the chain and blocking off the road. This must not occur as it is blocking off an emergency entry point for our school. If an emergency occurs we will be able to open the chain for emergency vehicles to access our school or the college. Parking in the middle of the chain to block this road is a practice which must stop. Thank you for your adherence to this important safety matter.

Thanks for reading – enjoy the rest of the week.

Yours in Christ

Greg Casey

2A Ozanam Villa Visit
Today we visited Ozanam Villa to see the old people there. Our class said a decade of rosary and sang a song for them. Then Jemima and I read a book and asked questions to an old lady called Ola. After that, we had sandwiches for lunch. Then we got up and went back to school. It was very nice to see old people because I don’t see my grandparents much and learnt a lot about the olden days.

On the 7th of November 2012 2A went to Ozanam Villa. We prayed a decade of the rosary to the residents. Then we read books to them and asked questions. I read o a lady and asked questions. I asked what music they had: rock and roll. I also asked what they wore. She said she was very lucky because her mother sewed, so she had really pretty clothes. She said her favourite thing was to draw and paint. I loved going to Ozanam Villa and making the residents happy.

Peri

Piper

Year 5R presented last week’s Remembrance Day assembly.

BANKING NEWS
Thankyou to all who have supported student banking this year. We have two weeks left for banking in 2012. Our last day will be Tuesday 27th November. If you would like to cash in ten tokens for your choice of the following prizes, please send them in next Tuesday as we cannot guarantee your prize if you wait until the last week.

Available prizes are:
- book lights;
- money boxes;
- USB;
- pen pods.

Tokens will continue next year so if you don’t cash them in next week, hold onto them as there will be new prizes next year.

The Banking Ladies

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The Banking Ladies
Congratulations to the Marymount students who have recently celebrated receiving the sacraments of First Eucharist and Confirmation at the various Mass centres in this parish. These two sacraments complete the three Sacraments of Initiation that were begun when the children were baptised. A selection of photos was published in the parish bulletin last weekend.

St Vincent de Paul Christmas Appeal – all donated items are distributed locally along with the grocery items from Marymount Day. Trees will be placed in the library and Student Reception.

St Vincent de Paul (Burleigh) Christmas Appeal 2012

Please leave a gift under the tree for a boy or girl over 8 years of age.
No need to wrap your gift.
Thank you for your kindness and generosity.

Marymount Primary Band
A great day was had by all as the Marymount Band toured last week with the St Vincent’s Primary School Band. Under the direction of shared Band teacher Mr Col Hoy, 60 students played for the students at Mother Teresa Catholic Primary School at Ormeau and St Brigid’s at Nerang. Next week we will begin to recruit new students for the 2013 Marymount program. Any student (or their parents) who would like to join should be in touch with Ms Christensen, Mr Hoy or Mr Radford by calling the office in the first instance. Mr Hoy and Mr Radford provide lessons for flute, clarinet, trumpet, saxophone, trombone and percussion for children in Years 3-7 and a Band experience as students become more proficient. Lessons in some other instruments may be provided privately at the college.

Thank you – two small words that make quite an impact but can be overlooked! Please allow us to thank you for giving your time and efforts for the benefit of our children here at Marymount. You are invited to gather with us and pause for prayer and refreshments. We would appreciate your reply if you know you can come, but you will be most welcome even if you just drop in!

Have you helped out at school this year?
Are you a sport coach or assistant?
Did you walk on the beachathon, help at the musical or Art Show?
Have you helped in the tuckshop or with classroom work?
We would like to thank you for your generosity at a special

Helpers’ Liturgy and refreshments
OSHC rooms in Multipurpose Centre
Thursday 29th November starting at 9.00am

Please indicate your attendance on the slip below so that we can make arrangements for catering.
(Please return to Ms Christensen at the office or to the class teacher)
Yes I would love to come to the Helpers’ Liturgy on Thursday 29th November.
Name: _________________________ Number attending: __________

Bernadette Christensen

These are details of upcoming events organised by Patron Parents on behalf of the families in the respective classes. Invitations have also been distributed via your child. In most cases, there is no need to RSVP; you are most welcome to simply turn up & enjoy the company of others!

Prep Y Parents/Caregivers—North Burleigh Surf Club
Thurs 15 November – 6.00pm RSVP Janine/Nicole by Wed 14th Nov

All Year 2’s—Pirate Park, Palm Beach Parklands
Thurs 22nd November - After School

Prep R—End of Year Dinner, Justin Lane
Friday 23 November @ 6.30pm—RSVP Kim Irwin 0449 969 105

Yr 1R (Mums) - North Burleigh Surf Club
Friday 23 November—7pm RSVP Leigh/Monica by Wed 21st Nov

Yr 1A (Mums) - Point Break
Friday 23 November—7pm RSVP Sheridan/Lisa Mon 19 Nov

Yr 6P (Parents/Caregivers) - Max Brenner, Robina
Friday 23 November—7.00pm RSVP Gail & Cynthia

Prep M Parents—Justin Lane (Banquet style dining) $28 per head
Friday 30 November—7pm RSVP Kylie/Kristy by Nov 28

Yr 3R (Parents/Caregivers) - Alto Cucina, Broadbeach
Friday 30 November—7.30pm -RSVP to Nicole 15 November

Yr 1Y Parents - Vecchia Roma Restaurant, Burleigh Heads
(BYO wine) Friday 30 Nov—7pm -RSVP Catherine/Simone 28 Nov

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St Vincent de Paul (Burleigh) Christmas Appeal 2012

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P & F Social Event
Saturday 9th March 2013
Arrive 6.30pm for 7.00pm start
Doyle Centre
St Patrick’s Day theme
BYO Drinks & nibbles
Lots of prizes to be won!

Tickets will be available for purchase from the start of the 2013 school year.

Prices start at $10 per person
Make your own table of 8 - pay only $8 per person
Early Bird Special $7
if purchased before Friday 15th February.
All money raised will go to charity.

All enquiries to
Genevieve Sly
0412 211 854
At assembly this morning I spoke to the children about the risks we tend to note at this time of the year. A combination of excitement and tiredness (for both staff and children) can lead to a less thoughtful approach to interactions and experiences. In many cases, stresses and anxieties are on the rise and tolerance is on the decline. The resulting emotions of the inevitable changes of the new year, coupled with the closing of this year are not always easy to manage. Recent studies in neuroscience reveal that our emotions play a critical role in what we think, how we think, how we make our decisions and then how we act on these decisions. In other words, our emotions significantly influence our thinking and consequently, our behaviour. We thus need to work with our emotions in an intelligent way.

Emotions are specific responses to experiences or object. This is distinct form moods which are more generalised or pervasive, and also different to feelings which are the psychological sensations which help us interpret and describe our emotional experiences. Emotions act as messages or signals.

There are six primary emotions; happiness; fear; anger; sadness; disgust and surprise. We express these emotions in both positive and negative ways. Emotionally intelligent people are able to recognise their own feelings and those of others. They are then able to use this knowledge to motivate themselves and to manage their emotions well. This has a direct bearing on their wellbeing and on their relationships. These people are described as “aware; authentic, empathetic; expansive; resilient; empowering and centred (Langley: 2012). With these qualities, people with high emotional intelligence are effective communicators who tend to make good decisions and manage conflict and stress well.

Whilst genetic predisposition and early experiences can somewhat determine our level of emotional intelligence, we now know that it can also be learned and developed over time. Neuroplasticity is an ongoing process and this gives us all the potential to change. It does however take awareness, commitment and effort.

It is argued by neuroscientists and psychologists that this involves reflecting on how we regulate or manage our emotions. The following generally accepted abilities based on how the emotions work in the brain may be helpful in working with your children (or self) to become more emotionally intelligent.

Perceiving Emotions – recognising how self and others are feelings (involves reading expressions);

Using emotions – sensing and generating emotions and then integrating them to enhance thinking, reasoning, creativity and problem-solving;

Understanding emotions – understanding why self and others fell and react and how these may emotions may change over time, and

Managing emotions – drawing on emotional data to respond effectively, including managing outburst and calming fears.

Langley (2012) goes as far as to say:

*The quality of your life is directly related to the quality of your emotions.*

It is very timely then to spend a few minutes discussing emotions with our children. Perhaps if they can become clearer on the relationship between emotions and behaviours, then they may be more able to make wise choices. This will inevitably lead to a safer and happier time at both school and home.

Enjoy the rest of the week

Annette O’Shea

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**TERM DATES 2013**

| Term 1 | January 30—March 28 |
| Term 2 | April 15—June 21 |
| Term 3 | July 8—September 20 |
| Term 4 | October 8 - December 6 |

**Pupil Free Day Monday 21 October 2013**

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**SWIMMING CARNIVALS TERM 4**

- **Thursday 22nd NOVEMBER**
  - AM — Yr 3
  - PM — YR 4
- **Friday 23rd NOVEMBER**
  - AM Yr 1
- **Tuesday 27th NOVEMBER**
  - Swimming Trials
  - Yrs 5,6,7
- **Friday 30th NOVEMBER**
  - AM Yr 2

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Total Football Academy will be running an after School soccer program in Term One at Marymount Primary School. Registration forms will be distributed during a free demonstration. During the 6 week program games will be played inside an inflatable soccer field, which captures the imagination of students, giving them a great soccer experience. Training will take place inside a skills square focusing on different skills each week, such as dribbling, turning and shooting.

Start date: Monday 11th February, Prep - Year 4, 3:15pm - 4:15pm.

Sign up online at [www.totalfootballacademy.com.au](http://www.totalfootballacademy.com.au) or call Andy Robinson on 0413 888 643.

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**CORRECTION**

In last week’s newsletter the Year 4 camp was incorrectly said to be held at the Tallebudgera Creek Outdoor Education Centre. The correct name is the Tallebudgera Active Recreation Centre. Apologies for this error.
Congratulations

The Marymount Primary School Madness had a very successful day on the Queens Park Tennis Courts at the South Coast Regional Final for the Brisbane International Schools Challenge. All four boys played fantastic team tennis to be the best on the Gold Coast from nine primary schools competing for the opportunity to play at the State Finals.

Each team member had to play a singles and a doubles match for each tie, with each tie getting more difficult as they progressed through the draw. The final against St Andrews Lutheran College was the highlight for many spectators as the tennis played was a very high standard and entertaining. Our Marymount Tennis Team really rose to the challenge and played their best tennis of the day to win the final and be on their way to represent our school at the State Finals which will be played at the Brisbane International from 3 - 6 January 2013.

Congratulations to our team Ben Hielscher; Brodie Green; Tyler Gilbert and Blake Weise. Best of luck in the State Finals.

Tuckshop News

UNDER THE SEA

Tuckshop theme day order forms have been sent out to your children this week. Please complete and return with payment to the tuckshop as soon as possible and no later than Tuesday 20 November. Please note there will be no other tuckshop lunch orders this day. Morning Tea will operate as normal, and the tuckshop will be open at Lunch time for drinks, chips, ice blocks etc. Volunteers will be required to help out on this day so please contact the tuckshop should you be able to help. Thanks.

A very big thanks to the mums who helped out in the tuckshop over the last week. It was great to have so many willing helpers answer my request. Thank you all very much.

ROSTER FOR NEXT WEEK

Monday 19 November.......Sharon Bartlett
Tuesday 20 November......Jackie Morris and Lisa Bruce
Wednesday 21 November...Catherine Issacs. Help needed this day
Thursday 22 November......Sharon Lewer, Min and Sonia
Friday 23 November.........Megan Kennedy, Tracy Smith

*LOTS OF HELPERS NEED THIS DAY FOR UNDER THE SEA THEME DAY

Looking forward to our volunteers night out this Friday. If you haven’t yet paid your $10 deposit please do so ASAP. Thanks to all our fantastic volunteers.

Enjoy the week
Vicki Turner

XMAS HOLIDAY FUN CAMP

Each day is filled with a variety of fun filled sporting activities: Tennis, Table Tennis, Cricket, Basketball, Soccer, Touch Footy, and T-Ball. Supervised Swimming

Where: Marymount College
Date: Mon Dec 10 to Fri Dec 14
Time: 9am to 2pm daily
Cost: Full Week (5 days) $170
      Single Days $40
Family Discount (Full week only)

Call: John: 0417634524 - Trish: 0439722369
Open to the Public: Bookings Essential:

What to Bring:
Hat, Sunscreen, Swimmers, Towel, Snacks, Lunch, Drinks
FREE B.B.Q.
Sausage Sizzle on Friday. (You can bring a Party plate if you wish)

WET WEATHER: Undercover Activities - Indoor coaching and games

Uniform/Bookshop

Opening Hours Term 4
Mon - Fri 8.10am to 10.30am
and 2pm - 3.15pm.
The Uniform/Bookshop will be closed from 3 December 2012.

Final Book Club for the year orders must be in by Friday November 23 so we are able to distribute before school finishes. If any parents would like to purchase items as Christmas presents, please see me in the library so I can contact you personally when the orders come back to Marymount.

Please NO CASH OR CHEQUES accepted.

Rosemary Arthurson (Library)