Dear Parents, Friends and Guardians

Assistant Principal Appointments for next Year
I am very pleased to be able to announce that Annette O’Shea and Tony Barron have both been appointed to the positions of Assistant Principal for our school to take effect from the start of next year. These appointments were made following the standard Brisbane Catholic Education office’s protocols of national advertising and then interviewing. Our Parish Priest, Fr Pat, and our Area Supervisor, Trevor Doyle were involved in this process and final approval was given by the Director of Schools (Southern Region), Paul Allen.

Annette will commence a new contract following the successful completion of her current contract at the end of this year. Tony has been filling this role in an Acting capacity since the resignation of Kevin Larkin in June. Annette and Tony both bring a great wealth of experience with over 50 years of teaching and school leadership experience in Catholic schools across different diocese and school regions between them. On behalf of our Marymount community, I would like to congratulate Annette and Tony on their new appointments. We look forward to great things in the coming years.

Year 4 Camp Success
Last week saw the running of our last camp for the year with our Year 4 classes travelling to Tallebudgera Creek Outdoor Education Centre for a three day / two night program. The camp was a resounding success and the children really seemed to enjoy themselves. Many of the activities are ones which the children would never have faced before, especially the ropes course, and it was a credit to them that they met the challenges facing them head on. I spent some time watching one of the groups doing the ropes course which featured cargo nets, abseiling climbs and wire cliffs which reached well over five metres off the ground. Whilst this doesn’t seem that high it is when you are harnessed in and trying to actually do it. It was fantastic to see the children working together as teams to assist the designated climber, calling encouragement and celebrating when certain goals were met. At all times they were under the watchful gaze of the well-skilled instructors and their teachers who were also urging the children on to meet the challenges and this was just one part of the whole. The staff at the centre are well trained and highly skilled and it was great for our children to be able to work under their care. Of course these camps would not be possible without the support of our teachers and associated staff who gave up their own family time to ensure that the children were well cared for and safe at all times. We extend our thanks to our Year 4 teachers - Kim Jones; Deanne Krueger; Chris Buzolic; Laura Mitchell; Marie Quinlan and Jo-Anne Henderson as well as Diane Anderson; Sylvia Kelvin; Dannii Forsyth; John Jensen; Matt Redmond, Mark Wilkins and Tony Barron for their support and care of our children over the three day camp.

November Parents and Friends Association Meeting - Monday, 12 November
Our last P & F meeting for the year is being held this coming Monday evening at 7.00pm in our Staff room. As this is our last meeting there will be drinks and light refreshments on offer to celebrate the year and talk of matters for 2013. Agenda items will include :- Farewell for Frs Pat & Peter; Trivia night 2013; Financial Updates & my Principal’s Report. Our meetings are usually finished by 8.30pm. It would be great to see as many there as possible.

Term Start for 2013 – Wednesday, 30 January
Please be aware that school will commence for the children next year on Wednesday, 30 January. The Monday of this week will be the Australia Day Public holiday and the Tuesday, 29 January, will be our Staff Professional Development day. Full term dates for next year can be found included with this newsletter and on our school website.

Final Day for 2012 – Friday, 7 December
School concludes for the children this year on Friday, 7 December, at 12 Midday. After this time there will be no supervision of the children and it will be the responsibility of our parents to ensure that the children are catered for. School will begin as usual for this day and we will hold a special assembly just before Morning Tea (10.40am) in the Doyle Centre. At 11.45am the children will move out from their classes to form a Guard of Honour for our Year 7 children as they leave our school for the last time. From 12 midday then our school will close for the year. I would ask that parents please start to organise care for their children after this time. Our OSHC unit will be operating but places are limited so early bookings would be essential.

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**Teacher Planning Week – Next Week**

Each term our teachers meet in their year level groups to co-plan their units of work and assessment for the coming term. This team-planning will be happening again over the course of next week in readiness for the first term next year. As well as working with Bernadette Christensen (our APRE) on our religious curriculum and Diane Anderson, our Curriculum Support teacher, the teachers will also be meeting with our Senior Education Officers from Brisbane Catholic Education to do further Professional Development on the new Australian History Curriculum. This is a follow-up to work already commenced in Term 3 of this year. The planning days are a crucial part of our teachers’ ongoing professional work and I thank our staff for their commitment to them. These planning days will be spaced out for different year levels on different days so the disruption to our normal classes will be minimal.

**Cup Woes**

I hope that no-one put their house on the tips that I provided last week for the Melbourne Cup. I think the only ones cheering yesterday were the bookmakers but maybe they needed the boost after a tough year! The tip for me in the future might be to stick to teaching and leave the professional punter role alone. Good luck if you had a great day anyway.

Thanks for your time - enjoy the rest of the week.

Yours in Christ

Greg Casey

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**Year 5 Public Speaking Winners**

Year 5 Public Speaking winners were presented with their medals at today’s assembly. Congratulations to Josh Karchinsky (1st); Sam Becker and Liam Howe (2nd) and Ben Crilly (3rd).
**From our Assistant Principal - Religious Education**

Have you helped out at school this year?
Are you a sport coach or assistant?
Did you walk on the beachathon, help at the musical or Art Show?
Have you helped in the tuckshop or with classroom work?

We would like to thank you for your generosity at a special

**Helpers’ Liturgy and refreshments**
The OSHC rooms in Multipurpose Centre
Thursday 29th November starting at 9.00am

Please indicate your attendance on the slip below so that we can make arrangements for catering.

(Please return to Ms Christensen at the office or to the class teacher)

Yes I would love to come to the Helpers’ Liturgy on Thursday 29th November.

Name: _________________________ Number attending: __________

At today’s assembly we were led by 5R to remember those who have sacrificed themselves for peace and justice in the world. We prayed for those who continue to serve as well as those who have in the past such as 5R student Kasey Hatton’s relative (see picture below). Douglas Teale Pincham, my great grandfather, saw service during World War 2 in the 2/2 battalion 16 brigade 6th division in the Middle East, Greece, Kokoda trail and Syria. He was seriously wounded when he jumped from his convoy of trucks as they were attacked from the air by the enemy in Syria. He was sent home to Australia on a hospital ship. My great grandfather enlisted 3rd November 1939 almost 73 years ago and today I will remember him.

The Ode (from ‘For the fallen’ by Laurence Binyon 1869-1943)

They shall grow not old, as we that are left grow old;
Age shall not weary them, nor the years condemn.
At the going down of the sun and in the morning
We will remember them.

Bernadette Christensen

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**Around the classes… Patron Parent Events**

These are details of upcoming events organised by Patron Parents on behalf of the families in the respective classes. Invitations have also been distributed via your child. In most cases, there is no need to RSVP; you are most welcome to simply turn up & enjoy the company of others!

Yr 1M Parents—Romano’s Italian Restaurant, Nobby’s Beach
Sat 10 November—7pm - RSVP 5 Nov to Silvia/Kim (BYO wine)

Yrs 3Y & 3M Coffee Club @ Stockland
Tues 13th Nov—after morning drop off

Prep Y Parents/Caregivers—North Burleigh Surf Club
Thurs15 November—6.00pm RSVP Janine/Nicole by Wed 14th Nov

All Year 2’s—Pirate Park, Palm Beach Parklands
Thurs 22nd Nov - After School

Prep R—End of Year Dinner, Justin Lane
Friday 23 November @ 6.30pm—RSVP Kim Irwin 0449 969 105

Yr 1R (Mums) - North Burleigh Surf Club
Friday 23 November—7pm RSVP Leigh/Monica by Wed 21st Nov

Yr 2R — TBC

Yr 1A - TBC

Prep M Parents—Justin Lane (Banquet style dining) $28 per head
Friday 30 November—7pm RSVP Kylie/Kristy by Nov 28

Yr 3R (Mums) - Alto Cucina, Broadbeach
Friday 30 November—7.30pm -RSVP to Nicole 15 November

Yr 1Y Parents - Vecchia Roma Restaurant, Burleigh Heads
(BYO wine) Friday 30 Nov—7pm -RSVP Catherine/Simone 28 Nov

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**SWIMMING CARNIVALS**

**TERM 4**

**Thursday 22nd NOVEMBER**
AM — Yr 3
PM — YR 4

**Friday 23rd NOVEMBER**
AM Yr 1

**Thursday 29th NOVEMBER**
Swimming Trials
Yrs 5,6,7

**Friday 30th NOVEMBER**
AM Yr 2

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**SPECIAL NEEDS MORNING TEA**

A reminder to parents attending the morning tea next Tuesday 13 November. We will commence at 9.00am in the Meeting Room as usual. Looking forward to seeing you all then.

Regards
LEC Staff
I was fortunate to attend a conference last week with presentations focusing on the mind and its potential. I listened to many speakers on interesting and relevant topics and have been enjoying reading around many of the topics since then.

One presentation which I really enjoyed was entitled, “On the psychology of Passion: In search of what makes people’s lives most worth living”. Passion is identified as a “strong inclination toward an activity that people like, find important, and in which they invest time and energy”. Over time passion leads to changes in outcomes but outcomes do not tend to lead to passion.

Based on current research findings, Robert Vallerand (presenter and psychologist) proposes a dualistic model of passion. According to the model, there are two different types of passion, each with its own set of likely outcomes.

Harmonious passion positively contributes to psychological wellbeing. It leads people to want to engage in an activity that they love. It is a balanced approach originating from an “autonomous internalisation” of the activity. Engaging in passion in this regard leads to feelings of positive wellbeing whilst actually engaging. However, research also suggests that the repeated experience of these positive emotions leads to long lasting positive adjustments in overall wellbeing.

Obsessive passion on the other hand, leads to an uncontrolled urge to engage in the activity of passion. This passion is less likely to increase vitality or life satisfaction, and can lead to anxiety and depression. It could be viewed as not balanced within the overall scheme of experiences and behaviours for the individual engaging with the passion.

Vallerand makes the point that both harmonious and obsessive passion can lead to positive and negative effects, respectively, depending on the types of persistence and engagement in risky behaviour that may accompany it. A distinct difference between harmonious and obsessive passion is that with harmonious passion, there is personal control over the passion. With obsessive passion however, the passion to some degree controls the experiences and behaviours of the person.

It is also important to note that whilst obsessive passion may not be as beneficial to psychological wellbeing, it is still of more benefit than no passion at all. Further research may reveal more positive outcomes for obsessive passion, but we already know that it does promote long-term persistence and commitment. These are very valuable character attributes which can be applied to many areas of life.

The research clearly supports the notion that passion plays a significant part in our lives. It contributes either positively or negatively to our sense of wellbeing. This week’s search may then be to evaluate the role passion plays in our lives and make adjustments accordingly.

Enjoy the rest of the week.

Annette O’Shea

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Our Fundraiser for Catholic Missions

Year 3Y recently completed a unit of work on Catholic Missions. The children were very enthusiastic, choosing to be proactive and raise money for the poor. The result was a food stall for Prep and Year One students. Year 3Y designed posters, made creative signs for their items and practised giving change in preparation. There was such a variety of food that the Year Ones found it hard to choose. There were a few GOD moments as one little boy bought his two items and had 30c change but said, “Please give it to the poor.” My children were amazed! Another one was when a Year One Mum came up and gave me a batch of cakes. She said, “These may help” and left. 3Y learnt a lot on Friday that wasn’t out of a book. The children made $239.85 and had some wonderful ideas about how it could be spent. They are aware that as Christians we must care for our brothers and sisters around the world.

From 3Y and Mrs Lennon

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TERM DATES 2013

Term 1 — January 30 — March 28
Term 2 — April 15 — June 21
Term 3—July 8 — September 20
Term 4 — October 8 — December 6
Pupil Free Day Monday 21 October 2013
I am pleased to report our children are enjoying the tuckshop menu. The meal deals are very popular, and it's fantastic to see how many children are selecting fruit salads and fresh sandwiches, wraps and rolls. Don't forget to place a second selection when ordering sushi (Thursday special). Sushi is delivered fresh on Thursday morning, and predicting the numbers is a little hit and miss. It really helps if there is a second choice marked on your child's bag.

**UNDER THE SEA** (Tuckshop theme day)  
Friday 23 November - $5  
includes - fish burger, dolphin drink and a surprise!!

Pre-order forms will be sent home with your child early next week. Please complete and return as soon as possible to the tuckshop. It really helps us out to have the orders in early for ordering purposes.  
THERE WILL BE NO OTHER TUCKSHOP AVAILABLE THIS DAY.

**ALL STUDENTS FROM PREP TO YEAR 7 ARE INVITED TO PARTICIPATE IN OUR UNDER THE SEA THEME DAY**

Our theme days are very popular and busy! Extra volunteers are needed to make this day a success. Please call the tuckshop should you be able to help us out. Thank you.

**ROSTER FOR NEXT WEEK**

- **Monday 12 November**............Sharon Faire
- **Tuesday 13 November**............*CAN SOMEONE HELP ME OUT THIS DAY?
- **Wednesday 14 November**.......Terri Burke and Liz Lee
- **Thursday 15 November**...........Karen and Matt Harrison
- **Friday 16 November**............Summa Edwards, Melissa Berriman and Tara Brown

**TUCKSHOP LADIES NIGHT OUT - FRIDAY 16 NOVEMBER, 8PM**

JUSTIN LANE - $28 PER HEAD

Ladies, please drop your $10 deposit in no later than this Friday, 9 NOVEMBER.

**URGENT MESSAGE**
Unfortunately my volunteers for this Friday, 9 November are unable to attend tuckshop. Should anyone be able to give me a hand I would greatly appreciate your help. If you only have an hour that is great. It you have more, that is SENSATIONAL!

**PLEASE CALL THE TUCKSHOP. THANKS. VICKI**

Wishing Cristina Heaton a speedy recovery from her recent surgery. You are greatly missed at the tuckshop. Hope you’re up and about soon.

Have a great week

**Vicki Turner**