Dear Parents, Friends and Guardians

**New Church News**

Last weekend our Parish Priest, Fr Ken Howell, shared more good news about the new church for our parish which is on track for commencement of construction in 2014. The church which is to be built at the top of our school site where the current parish offices are found is hoped to be finished in time for the Easter break in 2015. Fr Ken and our Parish Manager, Jim Littlefield, had meetings with Archbishop Mark and archdiocesan property and building personnel earlier in this year and finalised plans which will eventually lead to a church, parish offices, function and meeting rooms and a presbytery which will provide lodgings for our priests. This is exciting news for the parish and our prayers and support are offered during this time. Whilst it will be a challenging time for us all during the construction phase, the final product will be a blessing for the parish and our schools.

**Staff News**

This Friday is the last day of the school year for our Teacher Librarian, John Jensen, as he will be starting a period of Long Service Leave from next week. John will again be travelling to spend time with family members abroad before returning for the start of the new school year in 2014. We welcome Jane Powell as John’s replacement for the last four weeks. Jane is no stranger to our school having done a number of contract teaching roles here over the last few years.

Our Year Two teacher, Wilma Kuipersmith, was due to return to school this week after a period of Long Service Leave. Unfortunately Wilma had a minor accident whilst away and suffered injuries to her shoulder and back through a fall. Her doctor has advised her not to return to teaching duties until Monday, 18 November. Amanda Schijvens has agreed to stay on as the class teacher until Wilma’s return. I would like to thank Amanda for helping us out here and I would ask that you keep Wilma in your prayers and thoughts as she works through her recovery period.

**Exciting News for Jackson**

Jackson Elliott, one of our Year 7 teachers, received news a few weeks back that he had been selected as part of the Australian Athletics Team to compete in an international competition in Japan. He will be part of a six person running team which will participate in the Ekiden Marathon Event. Jackson follows in the footsteps of some very elite Australian runners from previous years with the likes of Olympians Steve Moneghetti, Lee Troop and Craig Mottram all having represented Australia in the event. He will be competing against teams from across the world with the Kenyan team boasting three world class Olympians and marathon champions in their ranks. This is great recognition for Jackson and his efforts over the last five years especially, as he has really made a name for himself in the Australian running scene. His selection will mean that Jackson will be absent from school for just under a week in a few weeks’ time. Jackson is a great role model for many of our children as he freely gives up his time during our running seasons to help train and encourage our distance runners and sprinters. His wisdom and mountain of knowledge in this area is certainly a benefit to the children of our school. I would like to congratulate Jackson on this fantastic achievement and wish him well for his travels and competition.

**Marymount Combined Schools’ Fete News**

On Monday evening of this week we conducted our final Fete meeting for the year. It was a great chance to tie up loose ends and put forward recommendations for future fetes. I am pleased to be able to announce that our Fete this year cleared just under $54000. This is an excellent result for both schools and our P & F Associations who helped to co-ordinate the event. This money will be split between the schools and go into our general accounts for future expenditure options. Once again I would like to thank all of our parents and staff who were involved on the day and in the lead-up to the big day. It was a great community event and one which richly rewarded the efforts of many.

**Parents and Friends November Meeting – Monday, 11 November**

Our final P & F meeting for the year is being held this coming Monday evening in the school sStaff room at 7.00pm. This is the first meeting for our new Executive and it would be great to see as many parents come along as possible. One of the agenda items which we will be discussing is the changes to the numbers required for forming a Quorum at a meeting and at an Annual General Meeting. I put forward this notice in our 16 October newsletter. There will be Christmas refreshments and nibbles on offer so please make an effort to come along and support our P & F. The meeting should be finished by 8.30pm.

**Coming Events**

**Wednesday November 6**

Whole School Assembly
Yr 2A - Ozanam Villa visit
Yr 4 - Bike Education
Yr 1 - Beach excursion

**Thursday November 7**

Yr 4 - Bike Education excursion
Yr 4 - Class liturgies

**Friday November 8**

Yr 5-7 - Sport
Yr 4 - Bike Education excursion

**Tuesday November 12**

Readers Cup - St Augustine’s
Yr 5 - Liturgies

**Wednesday November 13**

Whole School Assembly - 2P Aquathon

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**2014 Booklist payments due 15 November 2013**

**Bookshop closed from Friday 29 November.**

**Mass Times**

**Children Mass**
(Doyle Centre - children read at Mass)
5.30pm 1st Sunday each month

**Children’s Liturgy of the Word**
(Doyle Centre - children are withdrawn for brief lesson)
10.00am 2nd & 4th Sundays;
5.30pm 3rd Sunday
3.30am each Sunday (school term) at St Benedict’s, Mudgeeraba

**Parish Mass Times**
Sat—5.00pm Miami;
6.00pm at Palm Beach;
7.15pm at Burleigh Heads;
Sun—7.00am at Palm Beach & Burleigh;
8.00am Mudgeeraba & Miami;
10.00am at Doyle Centre;
5.30pm at Doyle Centre
**Class Lists 2014**

Our Class Lists for 2014 will be sent home at the end of the day on Monday, 25 November. We will then use the middle session on Tuesday, 3 December, as an opportunity for the children to move to their respective classes for next year and to meet their new teacher and classmates.

Our lists have taken a lot of time to produce and have had input from many sources including parental requests. I would like to point out however that when these requests were asked for, the direction was outlined that these requests had to be for educational or medical reasons and that requests for certain teachers would not be entertained. This is still the case. Matters, such as equal numbers of boys and girls and a balance of needs of children, form the major basis for the development of our lists.

The notion that the children need to be with their current friends is not a strong factor in formulating classes as this does not always equate to a productive working and learning environment and friendships are open to change at any time. We have a practice of dividing the classes up each year so that the children have the opportunity to meet other children, possibly find new friends and not become locked into one or two other students. This is an important part of growing up and a vital life skill and learning opportunity.

The final make-up of the class lists is the responsibility of the school Leadership Team and once the lists are sent out no changes will be made. This has been the case for the last two years and it will continue to be so. It is important that you take the time to discuss these matters with your children and to help them work through them if needed. Thanks for your support with this.

Thank you for reading, enjoy the rest of the week

Yours in Christ

Greg Casey

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**Backyard League Program**

The National Rugby League would like to invite your son/daughter (from Years 3-7) to our “Coles Backyard League Centre” in conjunction with Marymount Primary School and your local Junior Rugby League Club, the Burleigh Bears.

Venue: Marymount Primary School  
Date: Thursday 21st November  
Time: 3:10pm – 4:10pm

The Coles Backyard League Centre provides a great introduction to Junior Rugby League. The session will consist of fun games and challenging activities that will provide an opportunity for your child to improve their coordination, spatial awareness, social skills and fitness. It is also a great way to make new friends!

The session will be taught by professional NRL Game Development officers.

The best thing about the Coles Backyard League Centre is that it is completely FREE, and your son/daughter will receive a show bag, and experience what Junior Rugby League is all about.

To register your son/daughter, please obtain an information letter from Parent Reception, and return the attached permission slip to the Office at Marymount Primary School by Friday 16th November.

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**Movember**

Hi all Marymount Males  

The male staff at Marymount Primary have decided to take on the challenge, that is, Movember. We are also encouraging any other members of the Marymount community to join our team. Our team is known as the Marymount Primary Mo Bros.

You can find information on the website listed below. Here you can join us, register, or donate. Your donation will support world class men’s health programs and mental health challenges.

These programs, directed by the Movember Foundation, are focused on:

- awareness and education  
- staying mentally healthy, living with and beyond mental illness  
- living with and beyond cancer  
- research

All programs work to achieve our vision of an everlasting impact on the face of men’s health. The Movember Foundation is authorised by the Australian Tax Office as a deductible gift recipient and tax-exempt health promotion charity.

Movember Team is - Marymount Primary Mo Bros.  

Register and Donate on- http://au.movember.com/donate

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Tony Barron
**Remembrance Day (from 4P assembly)**

Next Monday will mark the 95th Armistice Day, which has become a day when nations around the world remember the courageous men and women who gave their lives in wars and conflicts around the world.

A reading from Psalms:

> When I am afraid, I will trust in you.
> In God, whose word I praise,
> in God I trust;
> I will not be afraid.

When the Unknown Soldier was placed in the Tomb, at the Australian War Memorial 20 years ago, the Prime Minister said this about the soldiers:

> ‘In their actions they taught us as a nation:
> to endure hardship
> to show courage
> to be bold as well as resilient
> to believe in ourselves
> to stick together.’

My particular thanks to Trinity Flynn (6M) who played the Last Post on her trumpet and music teacher Mr Mark Wilkins who lead the students in song. Marymount Primary will pause to remember on Monday 11 November at 11am.

Enjoy the rest of the week

*Bernadette Christensen*
**P & F News**

I am Genevieve Sly, your new P & F president. I am a mum of three children in the school and have been part of the P & F committee for the last three years. The most important aspect of the P & F committee is to work towards providing a closer community within the school, improving and adding to equipment that assists all age groups within the school and providing a voice for parents and children of Marymount. Over the last twelve months the P & F committee have worked together to achieve many wonderful improvements to Marymount including the electronic sign, donations to charity, sports donations to assist children achieve their sporting goals and campaigning for a safer pedestrian crossing area between the Primary school and the Administration office. There are many more components of the school that we as a committee would like to provide assistance with and that will be our goal when school returns in 2014. I would like to thank Quentin McCarthy our Vice-President, Richard Treggiden our Treasurer and Sarah Price our Secretary for taking on roles within the committee and to all committee members for their attendance and hard work all year.

I would like to farewell our previous president Anthony Touzell. Anthony worked tirelessly for two years as our president and in this time campaigned for many improvements that have benefited our children and the school. I wish him all the best and I am hopeful he will attend meetings in the future to provide his leadership and guidance towards the current committee. I would like to remind everyone that next Monday, 11 November will be our final meeting for the year. The P & F will put on some nibbles and drinks and I invite anyone wishing to be more involved in our discussions to come along and contribute to the meetings. This is your opportunity to have your say on school matters that will aid in the development of your child and the school.

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**IMPORTANT STUDENT BANKING NEWS**

Thank you to all the students who have so far swapped their tokens for prizes. Please remember you only have up to our last banking day this year (Tuesday 26th November) to swap your tokens for prizes as at the beginning of 2014 all students token totals will be recorded on line and students must start 2014 with a token total of zero. So if you don’t cash your tokens in this month for prizes your current tokens will have no prize value attached to them next year. At the moment we have a well stocked prize cupboard. Ten tokens can be swapped for a money box, wallet, hand ball, calculator, head phones, knuckles game or a torch. To swap tokens send them in with your prize choice on a Tuesday with your banking.

Please also remember the great competition Commonwealth Bank have this term. All you need to do to have a chance to win 1 of 60 Apple iPod touch 16GB or 1 of 100 DVD packs is bank at least twice this term with School Banking to be automatically entered.

Thank you

*The Banking Ladies*

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**Bookclub**

Final Bookclub order for the year. Catalogues have been sent home.

Great Christmas bargains available.

Orders due back Friday 22 November.

No cash or cheques please.

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**TRUCK NEEDED**

If any parent or friend has access to a truck to transport desks and chairs to Brisbane on a Thursday for FREE, please contact Diane Anderson on 55208408.
Great to see so many children order our Monday Special; fruit salad and ice cream! Looks and tastes great! Fruit is very good quality at this time of year so please encourage your child to add a piece of fruit to their order.

A very big thanks to the Mums who have offered to help out in the tuckshop over the next couple of weeks. Your help is greatly appreciated by our school community.

ROSTER FOR NEXT WEEK

Monday 11 November..........Tanya Allomes
Tuesday 12 November..........Lisa Hatton and Karen Radler
Wednesday 13 November.....Melanie Leis and Linda Callander
Thursday 14 November........HELP NEEDED PLEASE
Friday 15 November..........Sandy Kennedy and Karla Brosnan

Still need lots of help over the last couple of weeks. Anyone?

Have a great week

Vicki Turner

SPORTS NEWS

National Soccer Premier League
Congratulations to Chloe Cross in Year 7. Chloe has been selected to play in the National Premier League for U13 women. The competition starts in 2014 and will see Chloe travel all over Australia to play against other teams. Well done Chloe and best of luck next year.

Paul Hill

Swimming Carnivals 2014
Year 1 - Friday 22nd Nov (AM)
Year 2 - Tuesday 26th Nov (AM)
Year 3 - Tuesday 26th Nov (PM)
Year 4 - Wednesday 27th Nov (PM)
Trials - Thursday 28th Nov (PM)

The Brisbane International Schools Challenge
The Brisbane International Schools Challenge is a mixed team Tennis competition for Queensland primary schools. Marymount Primary School (MPS) were the overall winners of the South Coast competition, followed closely by the runners up The Southport School played last Sunday at St Hilda’s School, Southport. Congratulations to the MPS Team Sierra Green, Blake Weise, Tyler Gilbert (Year 6) and Aiden Kinging (Year 7) who all played excellent, competitive tennis in all of their singles and doubles matches.

Good Luck to MPS Team in the finals played between 2 – 5 January 2014 at the Brisbane International. Who knows, but they may have a chance to hit with Rodger Federer!

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### Condition

<table>
<thead>
<tr>
<th>Condition</th>
<th>Exclusion of case (person with infection)</th>
<th>Exclusion of contacts¹ (person exposed to the case with the infection)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Chickenpox</strong> (varicella)</td>
<td>Exclude until all blisters have dried. This is usually at least five days after the rash first appeared in non-immunised children, and less in immunised children.</td>
<td>Any child with an immune deficiency (for example, leukaemia) or receiving chemotherapy should be excluded for their own protection. Otherwise, not excluded. Exclude any pregnant woman who is, or is presumed to be susceptible.</td>
</tr>
<tr>
<td><strong>Cold sores</strong> (herpes simplex)</td>
<td>Not excluded if the person can maintain hygiene practices to minimise the risk of transmission. If the person cannot comply with these practices (e.g. because they are too young), they should be excluded until the sores are dry. Sores should be covered with a dressing, where possible.</td>
<td>Not excluded.</td>
</tr>
<tr>
<td><strong>Conjunctivitis</strong></td>
<td>Exclude until discharge from eyes has ceased unless non-infectious conjunctivitis.</td>
<td>Not excluded.</td>
</tr>
<tr>
<td><strong>Cytomegalovirus (CMV)</strong></td>
<td>Exclusion not necessary.</td>
<td>Not excluded.</td>
</tr>
<tr>
<td><strong>Diarrhoea</strong>² and/or vomiting (including <em>amebiasis</em> <em>campylobacter</em> <em>cryptosporidium</em> <em>giardia</em> <em>rotavirus</em> <em>salmonella</em> <em>viral gastroenteritis</em> but not norovirus or shigella – see separate section)</td>
<td>Exclude until there has not been a loose bowel motion for 24 hours. Exclude staff whose work involves food handling until they have not had any diarrhoea or vomiting for 48 hours. If there are more than two cases with loose bowel motions in the same centre or a single case in a food handler notify your nearest public health unit.</td>
<td>Not excluded.</td>
</tr>
<tr>
<td><strong>Diphtheria</strong>³</td>
<td>Exclude according to public health unit requirements.</td>
<td>Exclude according to public health unit requirements.</td>
</tr>
<tr>
<td><strong>Enterovirus 71 (EV71)</strong></td>
<td>Written medical clearance is required confirming the virus is no longer present in the child’s bowel motions.</td>
<td>Not excluded.</td>
</tr>
<tr>
<td><strong>Glandular fever</strong> (Epstein Barr virus (EBV), mononucleosis)</td>
<td>Exclusion not necessary.</td>
<td>Not excluded.</td>
</tr>
<tr>
<td><strong>Haemophilus influenza type b (Hib)</strong></td>
<td>Exclude until the person has received appropriate antibiotic treatment⁴ for at least four days.</td>
<td>Not excluded. Contact a public health unit for specialist advice.</td>
</tr>
<tr>
<td><strong>Hand, foot and mouth disease</strong></td>
<td>Exclude until all blisters have dried.</td>
<td>Not excluded.</td>
</tr>
<tr>
<td><strong>Head lice</strong></td>
<td>Exclusion is not necessary if effective treatment is commenced prior to the next attendance day (i.e. the child does not need to be sent home immediately if head lice are detected).</td>
<td>Not excluded.</td>
</tr>
<tr>
<td><strong>Hepatitis A</strong>³</td>
<td>Exclude until a medical certificate of recovery is received and until at least seven days after the onset of jaundice.</td>
<td>Not excluded. Contact a public health unit for specialist advice about vaccinating or treating children in the same room or group.</td>
</tr>
<tr>
<td><strong>Hepatitis B</strong></td>
<td>Exclusion not necessary.</td>
<td>Not excluded.</td>
</tr>
<tr>
<td><strong>Hepatitis C</strong></td>
<td>Exclusion not necessary.</td>
<td>Not excluded.</td>
</tr>
<tr>
<td><strong>Human immunodeficiency virus (HIV/AIDS)</strong></td>
<td>Exclusion not necessary.</td>
<td>Not excluded.</td>
</tr>
<tr>
<td><strong>Influenza and influenza-like illness</strong></td>
<td>Exclude until well.</td>
<td>Not excluded.</td>
</tr>
<tr>
<td><strong>Measles</strong>³</td>
<td>Exclude for four days after the onset of the rash.</td>
<td>Immunised and immune contacts are not excluded. For non-immunised contacts, contact a public health unit for specialist advice. All immunocompromised children should be excluded until 18 days after the appearance of the rash in the last case.</td>
</tr>
</tbody>
</table>
**Condition** | **Exclusion of case (person with infection)** | **Exclusion of contacts\(^1\) (person exposed to the case with the infection)**
---|---|---
Meningitis (bacterial) | Exclude until well and has received appropriate antibiotics\(^*\). | Not excluded.
Meningitis (viral) | Exclude until well. | Not excluded.
Meningococcal infection\(^*\) | Exclude until appropriate treatment has been completed. | Not excluded. Contact a public health unit for specialist advice about antibiotics and/or vaccination for people who were in the same room as the case.
Molluscum contagiosum | Exclusion not necessary. | Not excluded.
Mumps | Exclude for nine days after onset of swelling. | Not excluded.
Norovirus | Exclude until they have not had any diarrhoea or vomiting for 48 hours. | Not excluded.
Parvovirus (erythema infectiosum, fifth disease, slapped cheek syndrome) | Exclusion not necessary. | Not excluded (pregnant women should consult their medical practitioner).
Pertussis\(^*\) (whooping cough) | Exclude until five days after starting appropriate antibiotic treatment, or for 21 days from onset of coughing. | Contact a public health unit for specialist advice about excluding unvaccinated and incompletely vaccinated contacts.
Poliomyelitis\(^*\) | Exclude for at least 14 days from onset of symptoms and case has recovered. Written medical clearance from doctor or public health unit is required to return to child care/school, confirming child is not infectious\(^*\). | Not excluded unless considered necessary by public health unit.
Ringworm, tinea, scabies | Exclude until the day after appropriate treatment has commenced. | Not excluded.
Roseola | Exclusion not necessary. | Not excluded.
Rubella (German measles)\(^*\) | Exclude until fully recovered or for at least four days after the onset of rash. | Not excluded (female staff of childbearing age should check their immunity to rubella with their doctor).
School sores (Impetigo) | Exclude case until has received appropriate antibiotics for at least 24 hours. Sores are not contagious if covered, or after the child has taken antibiotics for 24 hours. Weeping or crusted sores on exposed areas should always be covered with a watertight dressing until at least 24 hours post antibiotics commenced and for as long as practical. | Not excluded.
Shigellosis | Exclude until diarrhoea has stopped and two samples, taken at least 24 hours apart, have tested negative. | Not excluded.
Streptococcal sore throat (including scarlet fever) | Exclude until well and has received antibiotic treatment\(^*\) for at least 24 hours. | Not excluded.
Thrush (candidiasis) | Exclusion not necessary. | Not excluded.
Tuberculosis (TB)\(^*\) | Written medical clearance is required from Queensland Tuberculosis Control Centre to return to child care/school, confirming child is not infectious. | Not excluded.
Typhoid\(^*\), paratyphoid | Exclude until diarrhoea has stopped and two consecutive samples, taken at least one week apart, have tested negative. | Not excluded unless considered necessary by public health unit.
Whooping cough – see pertussis | | |
Worms | Exclude if loose bowel motions present. | Not excluded.

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**Footnotes**

1. The definition of ‘contact’ will vary between diseases and is sometimes complex. If concerned, contact your local public health unit.
2. Diarrhoea: the definition is two or more consecutive bowel motions that are looser and more frequent than normal or escapes a child’s nappy.
3. Doctors should notify the local public health unit as soon as possible if children or staff are diagnosed with these conditions.
4. Appropriate antibiotic treatment: the definition will vary between diseases. If concerned, contact your local public health unit.
5. Observing the exclusion period meets the intent of the Public Health Act 2005 for a person to be not infectious.

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Measles

Description

Measles is an acute, highly infectious illness caused by the measles virus. Measles can cause serious complications such as pneumonia (lung infection) and encephalitis (inflammation of the brain). It may also cause middle ear infection.

Measles should not be regarded as a simple mild disease. Deaths occur mainly in children under five years of age, primarily from pneumonia, and occasionally from encephalitis. Complications are more common and more severe in people with a chronic illness and very young children.

Symptoms

Measles begins with symptoms such as fever, tiredness, cough, runny nose and/or red inflamed eyes. These symptoms usually become more severe over three days. The cough is often worse at night and the affected person may wish to avoid light because of sore eyes. At this stage of the illness, there may be small white spots on a red base in the mouth on the inside of the cheek (Koplik's spots). This is then followed by a blotchy, dark red rash usually beginning at the hairline. Over the next 24 to 48 hours, the rash spreads over the entire body, during which time the person generally feels very unwell. Typically with measles, the fever is present and the person feels most unwell during the first couple of days after the rash appears. The rash usually disappears after six days.

Transmission

Measles virus is very contagious. The virus is spread from an infectious person during coughing and sneezing or through direct contact with secretions from the nose or mouth. A person may be infectious from about five days before the onset of the rash until about four days after the rash appears. The time from contact with the virus until onset of symptoms is about 10 days but may be from 7 to 18 days.

Treatment

There is no specific treatment for measles. The symptoms of measles are usually treated with rest, plenty of fluids, and paracetamol to lessen pain or fever. Do not use aspirin for treating fever in children.

Control

People with measles should be excluded from work, school or childcare centres for at least four days after the appearance of the rash.

People who have not been vaccinated against measles and those who have any condition that compromises their immune system and have been in contact with a person with measles should be excluded from school and childcare for 14 days from the day the rash appeared in the person diagnosed with measles.

If unvaccinated contacts receive the measles mumps rubella (MMR) vaccine within 72 hours of their first contact with the original person with measles, they may return to childcare, school or work.
Measles

Immunisation

Immunisation against measles is recommended as part of the National Immunisation Program Schedule and the vaccine is available free for:

- all children aged 12 months and 18 months
- children at 4 years of age who have not previously received a second dose of measles, mumps, rubella (MMR)

Adults born during or since 1966 who have not received two doses of MMR vaccine or had the diseases are also eligible for funded vaccine.

Protection against measles is given through a combined MMR vaccine. Two doses are needed to provide a high level of protection.

Vaccination is also recommended (but not funded) for:

- healthcare workers
- people who work with children.

Women planning a pregnancy should discuss whether they should be immunised against measles with their doctor. If so, they should be vaccinated with MMR vaccine at least 28 days before becoming pregnant or immediately after delivery.

Like all medications, vaccines may have side effects. Most side effects are minor, last a short time and do not lead to any long-term problems. Possible side effects of the MMR vaccine may include discomfort where the injection was given, fever, a rash which is not infectious, drowsiness and tiredness. If side effects occur, they usually come on seven to 10 days after immunisation and last two or three days. More serious side effects are extremely rare and can include severe allergic reactions. Contact your immunisation provider if you or your child has a reaction following vaccination which you consider serious or unexpected.

Help and Assistance

You can be immunised at your local doctor or medical centre. Check with your local council, community child health and community health centre regarding free immunisation clinics. For further information, contact your local doctor, community health centre or nearest public health unit.

Related Content

- Having a vaccination: what to expect
- Mumps fact sheet
- Rubella (German measles) fact sheet
Measles

Other Resources

- 13 HEALTH (call 13 43 25 84)
- Queensland Health immunisation website
- Immunisation is important for children [PDF, 362 KB]
- Immunise Australia (call 1800 671 811)

References


MARYMOUNT COLLEGE PRESENTS

Dance Showcase
Showcasing the best of JUNIOR and SENIOR DANCE

7:00 PM FRIDAY 8 NOVEMBER
THEATRETTE DOYLE CENTRE

Tickets on sale at College Bookshop
$4 Adults $2 Child/Student