

Marymount Primary School acknowledges the Kombumerri People of the Yugambah Nation as the traditional custodians of this land.
We are committed to work for reconciliation and justice.

Dear Parents, Friends and Guardians,

The High Point of the Year

This Thursday marks the start of one of the high points of our church's year with the beginning of the Easter weekend liturgies. We have included the times for all of the relevant liturgies in this newsletter and I would strongly encourage you to take the opportunity to take your family along to one or all of them. It would also be a great time to explain the real meaning of Easter to your children. We have talked about the Easter Story in our class daily Religious Education lessons as well as through our whole school assembly so they would be familiar with it. At assembly this morning our Year 5R class led our liturgy and walked the children through the first parts of the Easter week beginning with Jesus entering Jerusalem and going through His Last Supper and then, the events of the first Good Friday. The children finished the story for now with Jesus being laid in the tomb after dying on the cross. After the Easter holiday we will continue the story with the children and remember Jesus' Resurrection from the tomb. Jesus suffered death in a cruel way but still He urged the way of peace for all as the way to His father's kingdom of Heaven. This message is still relevant to us all to this day. I pray that all members of our Marymount school have a peaceful Easter time with your families and that you do take some time to remember the real reason for this time of new life.

Year 6 Connect Mass

Last weekend a number of children from our Year 6 classes joined in a with the normal Sunday parish mass at the Mary, Mother of Mercy church. Our children led the readings and prayers and they did a great job of acting out the Sunday Gospel which relayed the story of Jesus' passion and death on the cross. It was great to see their involvement and our Parish Priest, Padre Morgan, was really pleased to have them along as part of the mass as were our usual Sunday morning parishioners. I would like to thank those families who came along on Sunday – it was great to see you there and thank you for supporting your children's faith life in this simple way.

Marymount College 50 Years Book Launch – My God and My All

Last Friday evening our Executive Director of Brisbane Catholic Education, Pam Betts, officially launched the 50 year anniversary book as part of Marymount College's celebrations for this milestone. It was a great night and there were many 'old' boys and girls there to celebrate this significant event. Further celebrations are planned for the May Day long weekend with a dinner on the Saturday night and then a mass and open day on the Sunday, 6 May. If parents wanted to purchase a book they can do so through the college Uniform and Book Shop or alternatively you can get on to the college website at www.marymount.qld.edu.au to order one online. The book is a great read and is fairly priced at \$50.

Term 2 Starting Date – Tuesday, 17 April

I would like to remind our parents that school will start for Term 2 on the above date. The Monday is being utilised as a Pupil Free Day for all schools in the South East.

On behalf of our staff, I would like to wish all of our families a safe and Holy Easter break. I trust that it is a time for renewal in mind, body and spirit and that, if you are travelling, your journeys are safe and that you arrive home ready for a new term.

Yours in Christ

Greg Casey



MARYMOUNT ART SHOW 2018

GALA OPENING & ANNOUNCEMENT OF WINNERS
FRIDAY 24 AUGUST 7PM

EXHIBITION
SATURDAY 25 AUGUST 10AM-4PM
SUNDAY 26 AUGUST 10AM-3PM

Coming Events

Wednesday March 28
5P - Whole School Assembly
1R - Ozanam Villa
Yr 6 Easter Pageant

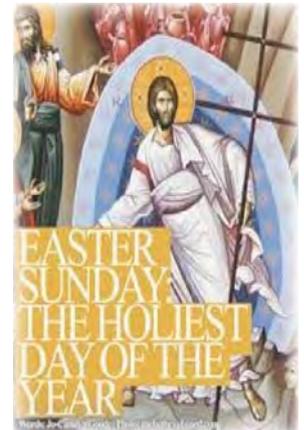
Thursday March 29
End of Term

Friday March 30
GOOD FRIDAY

Monday April 16
Pupil Free Day

Tuesday April 17
Term 2 - Students commence

Wednesday April 18
3R Assembly
Yr 5 Camp



Mass Times

Children Mass

(Mary, Mother of Mercy Church - children read at Mass)
5.30pm - 1st Sunday each month

Children's Liturgy of the Word

(Mary, Mother of Mercy Church - children are withdrawn for brief lesson)
10.00am - 2nd & 4th Sundays;
5.30pm - 3rd Sunday
8.30am - each Sunday (school term) St Benedict's, Mudgeeraba

Parish Mass Times

Saturday - 5.00pm - Miami;
6.00pm - Palm Beach;
6.15pm - Burleigh Heads;

Sunday - 7.00am - Palm Beach & Burleigh;
8.30am - Mudgeeraba & Miami;
10.00am and 5.30pm - Mary, Mother of Mercy Church.

Tuesday - 7.30am - Mary, Mother of Mercy

Friday - 12.00pm - Mary, Mother of Mercy

From our Assistant Principal

Lee Meiklejohn

Jingeri everyone. Baugull yau-un (good afternoon). I hope you are all baugull (good/well).

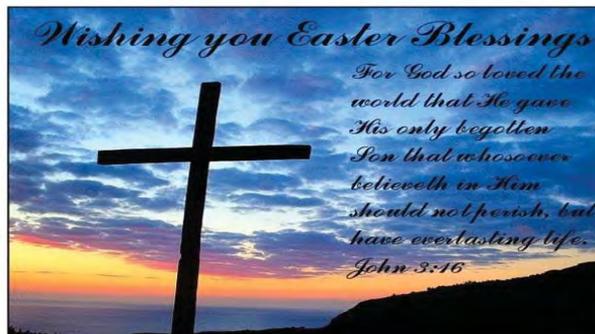
Tuckshop

We have noticed a growing number of children who are coming down to Parent Reception to report that their tuckshop didn't arrive or that they do not have their lunch. Please note when ordering tuckshop that you need to receive a confirmation email after the order is placed for the order to be fully completed. If you don't receive a confirmation email the order has not been received. We are a large school and it takes quite a bit of time for extra food to be organised by the tuckshop at late notice. Thanks for your support and understanding.

Easter

I would like to wish you all a happy and holy Easter break. Stay safe and I look forward to working with you all in Term 2.

Thanks and have lovely break unya jimb lung mang (my friends), Tina.



From our Assistant Principal

Lee Meiklejohn

NAPLAN Online Practice

Congratulations to our Year 3 and 5 students who participated in the Coordinated Practice Test with thousands of other students nation-wide. This practice test provided us with an opportunity to fine tune our planning as a school and to communicate feedback to the Australian Curriculum, Assessment and Reporting Authority (ACARA) via Brisbane Catholic Education. Our students all worked exceptionally well in the online environment. We will communicate our NAPLAN Testing Schedule for May early next term.

Class Swimming

This term, all of Year 4 and Year 5 students engaged in our class swimming program. At Marymount, we recognise that as a coastal community our students need to be strong and capable around water.

Next term, Year 6 will participate in a survival course from Week 2 to Week 6 under the instruction of our teachers and swim coaches. We appreciate the support of parents and students to ensure that they are prepared with swimmers on Mondays or Thursdays. This will be communicated through the Year 6 blog and on the Sport area of the Parent Portal.

Before and After School

The safety of our children at Marymount is absolutely paramount. We would appreciate your support to ensure that our children are supervised before and after school, outside our duty times. Supervision begins at 8:10am before school and ends after 3:30pm. If children arrive outside these times, we ask that they are registered with our Outside School Hours Care.



Year 5 & 6 students are you up for the Challenge?

Griffith university are once again running a STEM cup challenge in Term 2, 2018. What is STEM? STEM stands for Science, Technology, Engineering & Maths.

The STEM cup is an after school STEM Challenge where teams of 3 battle it out in weekly STEM Challenges for a place at the Grand Final at Griffith University in Week 10. The aim of the challenge is to work in teams to solve a different STEM tasks each week by being given STEM currency to buy the materials you need from the fake STEM mart that is set up. Points are awarded for smartest money spent and overall thing constructed to solve the scenario. In the past some tasks have been building mechanical hands, Eco boats, Forensic challenges, Robotics etc. This is open to **Year 5 & 6 students** (primary division) and year 7 & 8 students in the secondary division, places are limited and fill fast.

Challenges are designed by specialist faculties within Griffith University and there is adequate adult supervision at each event, parents are encouraged to bring teams along and be involved.

Where: Marymount College is the host school for the southern Gold Coast division
When: Term 2 Week 2 until Week 8 (runs for 7 afternoons) Monday afternoons 3.45pm-4.45pm
Who: Year 5, Year 6, Year 7, Year 8 students from all southern schools

Parents, please contact me (lmeiklejohn@bne.catholic.edu.au) to register your interest as soon as possible. Successful applicants will be contacted week 1 of Term 2.

Year 5 Camp

We are looking forward to the wonderful opportunity of Year 5 Camp at Lake Ainsworth in Week 1 of Term 2. Thank you to all families for responding to the online permission slip. The Sport and Recreation group also have a brief online questionnaire which enables them to make risk assessments. We will be resending our email with the link to this questionnaire, as we still have around 80 families who have not completed this mandatory aspect. Thank you in advance for your prompt response to this.

Lee Meiklejohn



Project Compassion - Please send your money boxes into Student Reception this week or straight after the holidays. The total will be finalised after the break. Thank you so much for your generosity. The winners of the Easter Raffle are Mrs Crowe; Mrs Brosnan; Niamh Yates 5R; Luka Haramina 6R



The Marymount Primary Concert Band is powering ahead under the expert direction of Mr Lachlan MacKenzie. Students rehearse for an hour before school every Tuesday in the College music room. We have three pieces we are working on and hope to present to the school community in Term 2. The band was pleased to welcome Harlin on drums and Anneliese on bass guitar in the last few weeks. They added to the groups of trumpets, saxophones, flutes and clarinets to round out our sound.

Year 5R led the school in our prayer assembly today, reflecting on the events Holy Week.

Risen Lord,

*As we gather together as family and friends, we invite you once again into our lives.
 May the hope of your resurrection colour our days.
 May the promise of your spirit, working in us, light up our lives.
 May the love you revealed to us shape our giving.
 May the truth in your word guide our journeys,
 and may the joy of your kingdom fill our homes.*

*As we gather together underneath the banner of your life,
 We thank you for all the wonderful times that we can now enjoy,
 and celebrate your glorious resurrection.
 Thank you Lord.*



Patron Parent - Coming Events

Class	Date	Time	Venue	Organiser
3A	Monday 16 April	10.00am	Playground at Burleigh Headland, Goodwin Tce, (nr Rackley Swim School & Nook Coffee shop)	Lisa K
OR	Monday 30 April	After drop off	Zarraffas Stockland	Brigitte & Alicia

Bernadette Christensen



*Year 1R
 Easter
 visit to
 Ozanam Villa*

A Note from the Guidance Counsellors

According to Michael Grose, chores or household tasks help to “exercise children’s organisational muscles, in particular their time management muscles”. He suggests that we ensure that all children “have chores to do that are suitable for their age and stage of development”. We encourage your reading of the eight ideas attached to assist you to develop your family into a team of helpers.

Our parenting ideas insights article for this week makes the point that “now is the time to make good mental health habits a priority”. Michael Grose cautions that “young adolescents are at increased risk of experiencing mental health problems, including anxiety and depression”. He outlines “five habits worth developing that often go under the radar”.

We wish you a safe and happy Easter and a relaxing holiday break.

Mary Sanders and Melissa Stevenson



Holidays are the perfect time to relax, unwind and escape with a great story. Our students are most welcome to pop into the library and continue their borrowing this week so they are prepared for some serious holiday reading!

We love keeping things interesting in the library and have recently made some changes to our layout and collection areas. We now have lots of new books on display when you first arrive in the library, our Prep Bilby area is now in a cozy nook at the front of our library space and we’re in the process of creating a special area for our book series’. We hope that these changes captivate our students’ interests upon arrival, further enhance the special reading atmosphere for our Preps and expand our older students reading repertoires.

Watch this space for more changes in Term 2!

Wishing everyone a safe Easter break.

Warm regards

Laura Mitchell
Teacher-Librarian



Please note the
Uniform/Bookshop
will be closed for
stocktake
Thursday March 29.



**CONCESSION APPLICATIONS
ARE NOW CLOSED**

Please note that concession applications for Term 1 2018 have now closed at the Primary School. If you wish to apply for a concession in 2018 it will apply from Term 2 2018 only. Please phone Janelle Holmes from our Accounts Office on 55208417 if you have any queries.

Sport News

State Swimming

Well done to all of our Marymount students who competed at the State Swimming Trials at the Sleeman Sports Complex in Brisbane last week.

Congratulations on a great season of school swimming.

Frankie Leonardi 10y Girls; Eadie Sangston 10y Girls; Amy Newton 11y Girls; Belle Sly 11y Girls; Millar Brosnan-Ball 12y Girls and Jake Williams 10y Boys.

A special mention for Jake who placed second in the 200m Medley Relay, 200m Freestyle Relay, 100m Backstroke and 50m Backstroke. These amazing results qualify Jack to compete as part of the Queensland team at the National Swimming Championships in Hobart.

Jake also placed 6th in 200m IM 8th in 50m Freestyle and 12th in 50m Butterfly. An outstanding effort Jake. Congratulations and best of luck in Hobart.



Cross Country

Marymount Primary School Cross Country Carnival, Thursday 26 April (Week 2 Term 2).

Please see training times below;

Monday morning at 7.30am Wednesday at Morning Tea 10.40am Thursday morning at 7.30am

Please meet Mr Hill at the Multi-Purpose Centre (Shed) to start all sessions.

Interschool Sport

Interschool sport will start next term for our Year 5 and 6 students. The first round of fixtures will be played on Friday 27th April (week 2).

Paul Hill

Bishop Ken Howell and BCE Executive Director, Pam Betts recently farewelled retirees Paula Kaddatz and John Jensen from Brisbane Catholic Education.



MARYMOUNT FAMILIES
PLEASE JOIN US AT
MARY, MOTHER OF MERCY CHURCH
FOR THE EASTER CEREMONIES

HOLY THURSDAY 7:00PM
GOOD FRIDAY 3:00PM
HOLY SATURDAY 6:30PM VIGIL
EASTER SUNDAY 10:00AM & 5:30PM

Visit www.burleighheadscatholic.com.au
for Mass times throughout the Parish

BURLEIGH HEADS CATHOLIC PARISH

Parish Office Hours 9.00am to 5.00pm

3 Sunlight Drive, Burleigh Waters (Postal PO Box 73, Burleigh Heads)

Phone: 5576 6466

Parish Business & Finance Manager: Mr Jim Littlefield

Parish Pastoral Team

EMAIL: burleigh@bne.catholic.net.au

Parish Priest: Fr Morgan Batt

Associate Pastor: Fr Saji & Fr Ladu

Sure-fire tips to getting kids to help

Here are some ideas to keep in mind as you develop your family into a team of helpers:

- 1. Give children realistic jobs rather than task that simply keep them busy.** Kids can sense it when parents give them jobs to keep them busy. Make sure the jobs you give make a real contribution to their own the family's well-being.
- 2. Balance the personal chores with family jobs.** Involve children in choosing their jobs. Rotate the unpleasant tasks frequently.
- 3. Place the more arduous or difficult tasks on a roster.** The children can refer to it when needed, which takes the load off you and removes the need to remind them.
- 4. Use grandma's principle* to ensure their helping jobs are done.** That is, make sure jobs are completed before mealtimes and pleasant activities such as watching television.
- 5. Avoid doing jobs for children.** When children get the message that no one will do their jobs for them they will be more likely to help out.
- 6. Show your appreciation for their help.** Let them know that their contribution to the family is valued. If you do it often enough they may even show their appreciation for your help in return!
- 7. Make sure they do the whole job, not half a job.** Don't accept half-hearted efforts or half-completed jobs. If you think your child is capable of putting the cat food back in the fridge and placing the spoon in the dishwasher then insist that he or she does the whole job. That is what is valued in the world of work, which they will eventually enter.
- 8. Rebrand the term 'chore' as 'help'.** The term 'chore' definitely has an image problem. Mention the word and children turn up their nose in horror. Use the term 'help' as it is easier on the ear and really does indicate what you want from your kids.

***Grandma's principle** – putting activities in the right order. You get the bad things (making your bed) out of the way before you do the good things (watching TV or playing games).

Keep in mind:

- 1.** Separate helping at home from pocket money. Expect them to help without being paid.
- 2.** Children can do a mixture of self-help activities and family jobs.
- 3.** Use rosters to place responsibility onto children to remember.

insights



Five forgotten mental health habits to promote in young people

by Michael Grose

Young adolescents are at increased risk of experiencing mental health problems including anxiety and depression. Now is the time to make good mental health habits a priority for your young person. And while there's been a great deal written about mental health habits recently, here are five habits worth developing that often go under the radar.

1. Maintain at least two friendships groups

Navigating social groups can be hard work for children at this stage. It helps to have a set of friends outside school to act as a buffer if friendship difficulties arise at school. Encourage your young person to maintain different friendship groups rather than opt for just one or two special friends.

2. Provide a space of their own

Young people of this age need a space of their own at home – somewhere that they can reflect on and process events. We all need this, but the need seems greater during this stage.

3. Talk about their troubles

A problem shared is a problem halved. Talking about what's worrying you is a great way to remove the burden of worry and reduce anxiety. Gently encourage your child to be open with you, or to at least share their concerns with a trusted friend.



4. Develop interests that energise rather than drain

Encourage your young person to have a hobby or activity that energises them, refreshes them and takes them away from the stresses of everyday life. These types of activities include sport, art, music and collecting. They are generally physically healthy or creative activities that enable a young person to relax and get away from their normal routines. Having opportunities to relax and get away from the stress of everyday life is essential.

5. Make mealtimes regular

There's a strong correlation between good mental health in young people and families that have a minimum of five shared mealtimes each week. As their life becomes busier and increasingly taken up with peers, school and outside interests, a regular meal with the family provides young people with the opportunity to catch up with their parents and siblings. Shared meals also provide parents with the chance to assess their young person's mental health in an unobtrusive way.



There's never a better time than the present to foster good mental health habits in young people. But of course if you're concerned about your young person's ongoing mental health, see your GP, a school councillor or a health professional.



Michael Grose

*Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 10 books for parents including **Thriving!** and the best-selling **Why First Borns Rule the World and Last Borns Want to Change It**, and his latest release **Spoonfed Generation: How to raise independent children**.*

Keyboard Ensemble Groups

Leisa Kirstein is introducing some keyboard ensemble groups to her Primary School piano/keyboard program. These classes are aimed at Primary students in grades 1,2 and 3 who are beginner music students with little or no prior experience. Ensemble classes are a fun way for students to experience music lessons for the first time and are offered at a reduced cost compared to private tuition. Lessons cost \$15 per child per lesson and will be offered for the entire term. There will be 10 lessons in the term and students will participate in groups of 3-4 students. No prior experience or instrument is required to start. Interested students are urged to contact Leisa ASAP to reserve a place for term 2. Any students interested in private tuition are also welcome. Vacancies fill quick so enroll early to avoid disappointment. Leisa Kirstein PH: 0414 662 362 In Tune Music Academy

