



Healthy little Foodies

Marymount Canteen Menu 2019

SNACKS

Freshly baked cookie	.50
Freshly baked chocolate rock	.50
Jelly cup	.50
Jelly and custard cup	\$1.00
Freshly baked muffin	\$1.50
Popcorn	\$1.00
Freshly baked brownie	\$1.50
Homemade banana bread	\$2.00
Pikelets	\$1.00
Fresh seasonal fruit piece	\$1.00
Fruit salad	\$4.00
Rice crackers, dip & vege sticks	\$4.00
Boiled egg	\$1.00
Red Rock Deli chips	\$1.50
Smith's chips	\$1.00

HOT SNACKS

Party pie	\$1.50
Party sausage roll	\$1.50
Spinach and cheese filo	\$1.00
Chicken goujons (5 per pack)	\$3.50
Chicken nuggets (Gluten free)	\$3.50
Raisin toast (per slice)	\$1.00
Plain toast	\$1.00
Vegemite, jam, honey (add)	.20

SANDWICHES

Wholemeal or white bread	
Base price	\$2.00
. Wrap or roll extra	.50
. Toasted extra	.50
. Gluten free	.50
. Ham, cheese, tomato, egg, lettuce, carrot, cucumber, beetroot, onion each per selection	.50
. Chicken or Tuna	\$1.50
. Vegemite, Honey, jam, tomato, BBQ sauce, mayo - each per selection	.20

HOT FOOD

Hot dog	\$3.50
. Add Cheese	.50
Beef pie	\$4.00
Sausage roll	\$4.00
Margarita pizza	\$4.00
Ham & cheese pizza	\$4.50
Hawaiian pizza	\$4.50
Gluten free option	.50
Macaroni and cheese	\$4.50
Beef lasagne	\$5.00
Spaghetti bolognaise	\$5.00
Penne Napoli	\$4.50
Fried rice (Gluten free)	\$4.00
Homemade garlic bread	\$2.50
Side garden salad	\$3.00
Beef burger with lettuce, cheese, tomato and sauce	\$5.00
Chicken burger with lettuce, cheese, tomato and sauce	\$5.00
Chicken schnitzel roll with lettuce and mayonnaise	\$5.00
Bacon and egg roll	\$4.00
Sweet chilli chicken tender wrap with lettuce and mayonnaise on a tortilla	\$5.00
Sushi - Chicken teriyaki, tuna, avocado or chicken & avocado	\$3.50
Only available Thursday & Friday online	

DRINKS

600ml Bottled water	\$1.00
Big M Milk (chocolate or strawberry)	\$2.00
Just Juice (orange, apple or apple & blackcurrant)	\$2.00
Up and Go (chocolate or vanilla)	\$2.50
Glee – sparkling fruit juice	\$2.50
Krazy lemon	\$2.50

FROZEN BITS

A selection of ice blocks, ice cream cup with Milo, slushies and sorbets also available.