TUCKSHOP MENU - Winter/Autumn 2013

HOT FOOD
Available every day (morning tea and lunch)
Corn cob...........................................$1.50
Chicken coupons (4)..........................$2.50
Chicken snack wrap-chicken coupons, lettuce & mayo in wrap.........$3.00
Garlic bread......................................$1.50
Chicken crackles (4)...........................$3.00
Party pie..........................................$1.50
B.L.T....lightly toasted turkish bread with bacon, lettuce, tomato $4.00
B.L.A.T..lightly toasted turkish bread with bacon, lettuce, avocado, tomato $4.50
Smash Potato...oven baked potato $3.00
Your choice of toppings - bacon/sour cream; bolognaishe sauce/cheese; mexican chicken/cheese

Fruit
Apple.............................................$1.00
Banana...........................................$1.00
Watermelon slice..............................$0.50
Fresh salad bowl..............................$3.50
Add natural yoghurt...........................$0.50

PLEASE ENCOURAGE YOUR CHILD TO HAVE A PIECE OF FRESH FRUIT EACH DAY. Available from 8.20am each day.

Cakes, biscuits & muffins
Cookies, muffins and cakes $1.00
Pikelets .................................$0.30

Drinks
Milk - Calcyum - chocolate or strawberry $2.20
Just Juice popper 100% juice 200ml (various flavours) $1.50
Water 600ml ..................................$1.50
Play water ......................................$1.80
Arono mineral water (raspberry & apple; orange; lemon/lime) $2.00
Up & Go - banana, choc or vanilla $2.00
SLUSHIE IS BACK
Kanga Crush $1.50

SANDWICHES & ROLLS
Chicken...........................................$3.00
Chicken & lettuce...............................$3.00
Chicken & cheese...............................$3.50
Chicken, cheese & Avo..........................$4.00
Chicken & salad.................................$4.00
Tuna..................................................$3.00
Tuna & lettuce...................................$3.00
Tuna & salad.....................................$4.00
Ham...................................................$3.00
Ham & cheese....................................$3.50
Ham & tomato....................................$3.50
Ham & salad.....................................$4.00
Ham, cheese & tomato.........................$4.00
Egg....................................................$3.00
Egg & lettuce.....................................$3.00
Cheese............................................$2.00
Cheese & vegemite.............................$2.50
Vegemite..........................................$2.00
WRAP...........add .50c
TOASTED...........add .50c

Salad Shaker Cups
Large cup filled with fresh salad ingredients.
All you need to do is add the dressing, give it a shake and eat!
Caesar salad..................$4.50
Garden salad..................$4.50
Add chicken, tuna, ham or avocado..$1.00

DAILY SPECIALS
MEAL DEALS
Add $2.00 to any meal below and receive a popper or flavoured milk plus a piece of fruit.

MONDAY - SPAGHETTI BOLOGNAISE or CHICKEN MACARONI
Home made and packed full of tasty healthy ingredients $4.00

TUESDAY - PIZZA, PIE OR SAUSAGE ROLL
Mrs Macs - made especially for school lunches
Snack Pie.............$2.50 Sausage Roll.......$2.50
Cruizer Pie.............$3.50 Ham & pineapple pizza...$2.50
BBQ or tomato sauce.......30c

WEDNESDAY - HOT DOGGY DAY
Hot dog with sauce, mustard or cheese $2.50

THURSDAY - SUSHI
YOU CHOICE:Tuna; avocado & salmon; chicken teriyaki; chicken & avocado; avocado $2.60
Soy sauce.......10c
(PLEASE INCLUDE SECOND CHOICE ON BAG)

FRIDAY - FISH & CHIPS
Oven cooked fish piece served with potato gems, lemon wedge and sauce $2.50

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### Ice creams & Ice blocks

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Frozen fruit cups (orange or apple)</td>
<td>70c</td>
</tr>
<tr>
<td>Ice animals</td>
<td>30c</td>
</tr>
<tr>
<td>Paddle pops</td>
<td>$1.20</td>
</tr>
<tr>
<td>Icy twist</td>
<td>$0.90</td>
</tr>
<tr>
<td>Callipo</td>
<td>80c</td>
</tr>
<tr>
<td>Scribbler</td>
<td>50c</td>
</tr>
<tr>
<td>Slushie</td>
<td>$1.50</td>
</tr>
<tr>
<td>Frozen fruit yoghurt</td>
<td>$1.70</td>
</tr>
<tr>
<td>Ice Mony (Ice Moo) - TNT/Chocolate/kabuey/lemonade/blackcurrant</td>
<td>50c</td>
</tr>
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### Chips & Treats

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>Jumpys- hot dog, salt &amp; vinegar, chicken, bbq flavoured</td>
<td>80c</td>
</tr>
<tr>
<td>Red Rock Deli chips - sea salt &amp; honey soy</td>
<td>$1.20</td>
</tr>
<tr>
<td>Licorice</td>
<td>20c</td>
</tr>
<tr>
<td>Red frog</td>
<td>10c</td>
</tr>
<tr>
<td>Hello pandas</td>
<td>80c</td>
</tr>
<tr>
<td>Ovalteenies</td>
<td>90c</td>
</tr>
<tr>
<td>Gingerbread man</td>
<td>$1.20</td>
</tr>
</tbody>
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Ordering MUST be done using lunch bags or lunch wallets. Please clearly name with the individual child’s name and class (one bag per child). A cost of 20 cents will apply for each lunch bag the tuckshop supplies. Separate orders would be appreciated if ordering for both breaks.

**Tuckshop is open five days per week from 8.20am to 1.30pm.**

We serve fresh fruit, fruit juice and flavoured milk from 8.20am.

Class crates are collected and delivered to the tuckshop. Morning Tea is collected by students from the tuckshop. Lunch is returned to class eating area. Morning Tea may also be purchased over-the-counter.

If you have any ideas or suggestions please feel free to contact the Tuckshop convenor on 5520 8413.